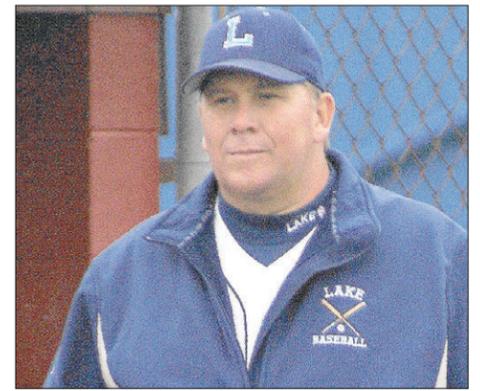


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Wetland development begins in Jerusalem Township

Jerusalem Township held a groundbreaking ceremony last week to develop wetlands in the John T. Kennedy Memorial Park, adjacent to the township fire department complex off Ste Rte. 2. The township, which received a \$57,000 grant to fund the project, is partnering with the Oregon City Schools District to participate in an outdoor learning center at the wetlands site for Clay High School students, who will be able to conduct research, observe nesting boxes, and decide whether to develop an observation deck to watch from a distance. After the groundbreaking, Jerusalem Twp. Fire Chief Tony Parasiliti rededicated the park to the memory of John T. Kennedy, the assistant fire chief who lost his life battling a fire at the Sunset fireworks store in

1976. Pictured in front row are: Dean Sandwisch, Oregon School's Assistant Superintendent; Becci Bihn, Director of Careers and Technology; Meredith Wolfe, Agriculture and Environmental Tech. Instructor; Carol Molnar, President of Oregon School Board. Back row: Hal Gregory, Oregon School's Superintendent; Dan Saevig, Oregon School Board; Tony Parasiliti, Jerusalem Township Fire Chief; Mark Witt, Ohio Department of Natural Resources; Ben Pfeiffer, science teacher and President of Oregon City Federation of Teachers; Jeff Finn, U.S. Fish and Wildlife; Dave Bench, Jerusalem Twp. Trustee; Beau Miller, Jerusalem Twp. Trustee; Greg Wozniak, St. Clair Excavating. (Press photo by Ken Grosjean)

Lake Twp. Stopped trains, blocked crossings a problem

By Larry Limpf
News Editor
news@presspublications.com

Problems with blocked rail crossings in Lake Township have increased in the past year or so, prompting local officials to seek the help of federal and state representatives.

Township police chief Mark Hummer said last week he's been in contact with Congressman Robert Latta and State Representative Haraz Ghanbari to discuss stopped trains-of-ten blocking six or more crossings.

"They have been assisting in trying to work with the railroad (Norfolk Southern) to minimize the number of times crossings are blocked. Sometimes it's not avoidable but it's gotten quite bad as of late. So we're doing what we can to work with them to get them to stop. Railroads are regulated federally so there is not much we can do on the local level other than ask for their cooperation."

A resident who lives close to the crossing on Walbridge Road has been keeping a record of the blockages, and the township has been forwarding that data to Latta's office, chief Hummer said, adding dispatch records for emergency vehicles that get blocked at crossings while responding to calls are also being logged.

Stopped trains have simultaneously blocked crossings at Walbridge, Lemoyne, Bradner, Pemberville, Millbury, Fostoria, Mathews and Ayers roads.

"They really are cutting the township in half," he said.

Bruce Moritz, township fire chief, said the problem seems to worsen on weekends.

"It's an issue that needs to be addressed with them," he said. "We have automatic assist agreements with other departments but depending on the location there will still be some lag time at some places."

Rep. Ghanbari has signed on as a co-sponsor to House Bill 361, which would require rail companies to report crossing blockages of more than five minutes to the Public Utilities

Continued on page 2

Oregon

Plan commission to review food truck next month

By Kelly J. Kaczala
News Editor
kkaczala@presspublications.com

The Oregon Plan Commission on Tuesday rescheduled a hearing to review a Special Use Exception (SUE) permit that was approved last year for a food truck located in the parking lot of Our Lady of Toledo Shrine at 635 S. Coy Road.

The hearing is expected to be held on Tuesday, Sept. 21, at 5 p.m. before the plan commission, Building and Zoning Commissioner Jim Gilmore told The Press after the meeting. Delana Ball, owner of Sabaidee Coffee and Crepes, was unable to attend Tuesday's meeting and requested that it be rescheduled next month.

"This is just going to be a review to see if we had any complaints," said Gilmore.

Ball had a shed at the site that was eventually removed. "Whatever she has there has to be attached to the truck. She removed that, as far as I know," said Gilmore

Permanent

"The reason it came here is that she

“
Her getting the permit at all was a marginal call. It was very close to not passing here.
”

wanted the food truck to be there on a permanent basis, and that required a special use," he added.

"It was more than a temporary structure," said Mayor Mike Seferian, who has a seat on the plan commission. "She had permission by the city to operate there. She is licensed by the county health department, and they do require that the vehicle be moved off the premises every four days. They don't always enforce it. Her getting the permit at all was a marginal call. It was very close to not passing here."

The city agreed to review the SUE after one year.

"We do struggle with wanting to set up permanent structures of food trucks," said Seferian. Restaurants invest thousands in their buildings while a food truck can set up shop across the street from them at little cost.

"It makes it hard for permanent structures to do business," said Seferian. "And we understand that. We're trying to be fair. Ball said herself that her intention was to get a feel for the city, and then build a permanent structure herself."

Compromise

Some residents, mostly from the nearby Bayberry Creek Condominiums, voiced opposition to the food truck at the June 21, 2020 plan commission meeting. Concerns ranged from the possibility of increased traffic to trash going into a nearby ditch. In light of those concerns, the commission had voted 4-1 to accept the SUE for a term of one year to be reviewed by the Plan commission at that time.

Continued on page 2

Quote of The Week

That's a difficult problem, but it's also an incredibly important problem.

Thomas Knapp
See page 8

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Blocked crossing

Continued from front page

“
They really are cutting
the township in half
”

Commission of Ohio.

The bill would impose a first degree misdemeanor charge and fines for rail companies that don't submit an incident report. For the first violation the fine is \$5,000. The fine increases to \$10,000 for a subsequent violation within 30 days.

The bill requires the PUCO submit an annual report to the legislature that contains aggregated incident report data by July 1.

An analysis of the bill by the Legislative Service Commission questions whether the fines would be enforceable if the bill would become law.

The U.S. Sixth Circuit Court of Appeals struck down a similar Michigan statute that prohibited a rail company from blocking a crossing for more than five minutes. The court determined that the statute was not enforceable because it was pre-empted by the Federal Railroad Safety Act.

“Since Ohio's (proposed) law is very similar to Michigan's law, a court may rule that enforcement of the law is in violation of the FRSA and thus not enforceable,” the analysis says.

HB 361 was introduced June 28 by representatives Thomas Hall and Jessica Miranda. As of last week, eight representatives from both parties, including Rep. Ghanbari, had signed on as co-sponsors.

An email message for comment left with the Norfolk Southern media relations office wasn't returned.

The U.S. Department of Transportation's Federal Railroad Administration in 2019 unveiled a webpage for the public and law enforcement to report blocked highway-rail grade crossings.

The FRA noted that blocked crossings pose potential safety risks, specifically in locations where trains routinely hinder roadway and pedestrian movement for ex-

tended periods. Frustrated drivers may attempt to clear the crossing before a train arrives.

The webpage, www.fra.dot.gov/blockedcrossings, requests specific information from users reporting blocked crossings, including date, time, location and duration.

Magee Marsh damaged by storm

A portion of Magee Marsh Wildlife Area, including the boardwalk, suffered significant damage after a strong storm went through the area on Aug. 10, according to the Ohio Department of Natural Resources (ODNR) Division of Wildlife.

The most significant damage on the wildlife area occurred to the trees along the beachfront parking lot and boardwalk. Numerous trees were brought down by the storm and will need to be removed from the area.

One of the bald eagle nests near the boardwalk was blown down. A second nearby nest weathered the storm. It is believed that no eagles or eaglets were harmed by the nest falling.

The road and boardwalk beyond the wildlife area's Sportsmen's Migratory Bird Center is closed to all guests so staff can assess the damage and clean up debris.

For more information and updates to the status of cleanup and repairs, visit the Magee Marsh Wildlife Area page at wildohio.gov or follow the Division of Wildlife on Facebook and Twitter.

Magee Marsh Wildlife Area is located at 13229 W. SR 2, Oak Harbor.

Food truck

Continued from front page

Oregon recently amended part of the planning and zoning code regarding the operation, regulation and guidelines of food trucks that park throughout the city to serve customers.

A food truck, defined as a motorized vehicle or trailer equipped to cook, prepare, serve, and/or sell food and beverages, has grown increasingly popular in recent years. The mobile restaurants have played a role in community events, offering a wide variety of fare to residents and visitors.



It depends on your perspective

Two sides of Howard Marsh look very different after a recent storm. Top photo is the west side and bottom photo is the east side of the marsh. (Photos by Maggi Dandar)

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Advocacy Center packs hygiene kits

Volunteers, board members and staff at the Ottawa County Family Advocacy Center assembled hygiene kits that were sent home with the summer lunch bags. Approximately 1,000 bags of food containing the equivalent of 10 meals each were distributed across Ottawa County. The bags included a hygiene kit to assist kids as they prepare to return to school. For information, please contact the center at 419-301-0225. (Submitted photo)

Solheim Cup offers tickets for veterans

The 2021 Solheim Cup, and partner JobsOhio will offer active duty, military retirees, active reserve, National Guard and their accompanying spouse/partner, complimentary ground tickets during Practice Days, Tuesday, Aug. 31 through Friday, Sept. 3, regardless of a sell-out.

While complimentary tickets will be available all four days, the official Military Day will be Tuesday, Aug. 31. Tickets must be redeemed online before entering the tournament. The first 500 to arrive on Tuesday will also receive a free hat.

"Thank you to JobsOhio for partnering with us to sponsor Military Day at the 2021 Solheim Cup," said Becky Newell, tournament director. "The Solheim Cup is thrilled to be able to offer the men and women who serve our country so selflessly the opportunity to be a part of the excitement of the 2021 Solheim Cup free of charge."

As the sponsor of Military Day at the tournament, JobsOhio is underlining its commitment to the U.S. Armed Forces.

Ohio's federal and military installations are at the forefront of U.S. innovation, spanning the state from Wright-Patterson Air Force Base in Dayton to NASA Glenn Research Center in Cleveland.

Examples of Ohio's innovative and critical work in military and federal installations include:

- The Ohio Air National Guard, the nation's second largest Air Guard, located in Toledo.

- The Youngstown Air Reserve, the only unit in the DoD that performs aerial

spray.

- Fifty percent of the United States Defense Budget goes through Defense Supply Center Columbus, Defense Logistics Agency Land and Maritime Headquarters.

- NASA Glenn Research Center serves a vital role in our continued exploration of the moon.

- The 9th Coast Guard District, headquartered in Cleveland, has 6,000 service members and is responsible for all five of the Great Lakes and 1,500 miles of our border with Canada.

The 180th Fighter Wing, Ohio Air National Guard, will also be participating in the Opening Ceremonies for 2021 Solheim Cup, on Friday, Sept. 3, in Promenade Park. They will post the colors for the event, and also conduct a fly-by for the excitement of the crowd. Opening ceremonies are from 5-6 p.m.

For more info on complimentary tickets to the 2021 Solheim Cup, visit solheimcupusa.com/event-tickets/copy-of-military. Tickets must be redeemed before entering the tournament.

For non-military 2021 Solheim Cup tickets, as well as information on how to support the event, volunteer opportunities and more, visit, solheimcupusa.com.

Museum offering Freighter Golf

To celebrate the sport of golf and the City of Toledo hosting the 2021 Solheim Cup, the National Museum of the Great Lakes has temporarily installed a custom-built putt-putt green onboard the Col. James M. Schoonmaker Museum Ship.

Visitors to the Museum Ship are being challenged to sink a hole-in-one to take home a special prize.

"Spanning nearly 30 feet across the museum ship's deck and overlooking the 'Mighty Maumee' and Downtown Toledo, the 'Freighter Golf' putt-putt green aims to challenge and provide fun for any age or skill level," said Ellen Kennedy, the NMGL Director of Education and Visitor Experience. "We hope to encourage golf enthusiasts to visit the east side of the riverbank and look forward to being a part of the Solheim Cup's excitement."

"Freighter Golf" putt-putt opened Aug. 19 and will be available through Monday, Sept. 6. Access to the green is included with Museum Ship admission. The putt-putt green and hole-in-one challenge will be open for visitors during regular museum hours of 10 a.m.-5 p.m. Monday through Saturday, and noon-5 p.m. Sunday.

For more info, visit nmgl.org or call 419-214-5000.

Farm meeting set for Aug. 25

The Wood Soil and Water Conservation District is hosting the August From the Farm meeting on small grains and fall herbicide programs Aug. 25 at 6:30 p.m. at the OARDC Northwest Agricultural Research Station 4240 Range Line Rd Custar.

The event is free and open to the public. Bring questions and a lawn chair. Snacks will be provided.

Contact the Wood SWCD with questions at 419-354-5517 #4 or wcsxcd@woodswcd.com.

90's Plus Spectacular

The Wood County Committee on Aging, Inc. (WCCOA) will hold the annual 90's Plus Spectacular Event in-person Monday, September 20 at 4 p.m.

The event will celebrate individuals in Wood County who are 90 years of age and older. Honorees may bring up to two guests to celebrate the milestone.

The evening will include a slideshow highlighting the lives of those 90 and over, musical entertainment by harpist Laurel Stankey, and awards presented by elected officials. Chicken alfredo is on the dinner menu for honorees and their guests. Those who are unable to attend in person will receive a framed certificate.

Registration is required by Wednesday, Sept. 1. Honorees are asked to complete a brief bio form and provide a picture to be featured on the slideshow. Those wishing to participate should call the WCCOA Programs Department at 419-353-5661 or 800-367-4935 or email programs@wccoa.net to receive a registration form and further instructions. Registration forms are also available at any senior center location in Wood County and can be found digitally online at www.wccoa.net

Dinner for those 90 and over is sponsored by Bowling Green Manor and Aetna; boutonnieres for the honorees are sponsored by Brookdale of Bowling Green; framed certificates are sponsored by Wood Haven Health Care, and entertainment is sponsored by St. Clare Commons.

Garden Party set

The August Pemberville Garden Party will be held Tuesday, Aug. 24 from 5-8 p.m.

A variety of local vendors will be showcasing all things edible and garden. The Gathering Place (222 E. Front St.) will host The Hot Pad Man and his handmade kitchen accessories. Other downtown shops open for shopping include Country Cupboard Ohio and Riverbank Antique Market.

Visit beekersgeneralstore.com for more details.

Quilters to meet

The Maumee Bay Country Quilters' Guild will meet Tuesday, Sept. 7 at 6.45 p.m. at Northwood Church of God, 3375 Curtice Rd., Northwood.

Doors open at 6 p.m. Visitors and new members are welcome. The visitors' fee is \$10. An annual membership is \$35.

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Oregon

Groundbreaking is set for new central fire station

By Kelly J. Kaczala
News Editor
kkaczala@presspublications.com

A ceremonial groundbreaking for a new \$6 million central fire station at 1040 S. Wynn Road will take place on Tuesday at 9 a.m. at the construction site.

The 20,000- square-foot station will replace the current Station Number 41 at Seaman and Wynn roads.

The new building will have modern living quarters for the on-duty crews and will house two engines, two medic units, Life Squad 8, a brush truck, a supervisor vehicle and provisions for the tower ladder.

Primary staffed response to emergency calls will be from this station.

“Our primary response will consist of a blend of our full-time and part-time staff, who are on shifts,” said City Administrator Mike Beazley.

Station Number 42 at 1102 S. Wheeling and Station Number 43 at 4421 Bayshore Rd. will continue to operate as satellite stations staffed by paid-per-call part-time firefighters.

“This is part of our effort to upgrade our response and take the best steps we can to keep our residents safe,” he said.

Improved response

Staff for the station are currently deployed in stations 41 and 42, but we’ll

“
The bids, to our delight,
came in well below
what the bid estimate
was.”

consolidate into the new station when it opens,” he said.

“We’re excited to move forward with this new station and our improved response plans,” said Mayor Mike Seferian. “As fire response needs change, our city must adapt to meet those needs. This new station will allow us to continue to make the changes that will best meet the fire and safety needs of our community.”

Fire Chief Denny Hartman said he appreciated the support from the community in making these changes.

“Our firefighters are looking forward to operating in this new environment and eagerly await completion.

Contractor

City Council last December awarded a contract to Buehrer Group Architecture & Engineering, Inc. to provide Phase 1



An artist rendering of the new central fire station.

preliminary design/detailed construction plans and specifications, final construction plans and specifications for \$358,000.

City Council recently accepted the bid of Midwest Contracting, Inc., Holland, to be the contractor for the project. Midwest was one of seven contractors who submitted bids. Midwest has completed three other fire station projects in the last 10 years. The Buehrer Group Architecture and Engineering, Inc. has worked with

Midwest Contracting on several projects, most recently the Sylvania Southview High School addition last year.

“The bids, to our delight, came in well below what the bid estimate was,” Chief Hartman said at a recent meeting. “At a time when we’re so concerned about materials costs, we’re very happy with the bid. We always want it to be lower.”

Beazley said the new station will be operational in the fall.

Craft Beers & Cocktails event

Sample craft beer from regional brewers and specialty cocktails while enjoying live music Saturday, Aug. 28 during Craft Beers & Cocktails at Spiegel Grove.

The event will be held from 5-8 p.m. at Spiegel Grove, the wooded estate of President Rutherford and First Lady Lucy Hayes and grounds of the Hayes Presidential Library & Museums in Fremont.

Participating breweries include Buffalo Rock Brewing Co., of Waterville;

Earnest Brew Works, of Toledo; Findlay Brewing Co.; Inside the Five Brewing Co., of Sylvania and Twin Oast, of Catawba Island.

Admission includes 10 beer sample tickets to redeem at the brewery stations, as well as a flight of sample cocktails made with recipes U.S. presidents enjoyed.

Those who are not vaccinated for COVID-19 are asked to wear a face covering when physical distancing cannot be maintained.

For information, call 419-332-2081 or visit rbhayes.org.

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Master Gardener training sign up

A new Sandusky/Ottawa County Master Gardener Volunteer class is scheduled to be held Wednesdays from 9 a.m.-3 p.m., Sept. 1 through Oct. 27.

This educational program will consist of classroom instruction at the Sandusky County (Fremont) or Ottawa County (Oak Harbor) OSU Extension offices. Field trips will also be a part of the schedule.

The Ohio State University Extension Master Gardener Volunteer (MGV) program provides intensive training in horticulture

to interested Ohio residents who then volunteer their time assisting with educational programs and activities for Ohio residents through their local OSU Extension County office. Volunteers are not required to have gardening skills or knowledge, however, a passion for learning about gardening and sharing this knowledge with others is a must.

The training cost is \$150, \$50 of which will be refunded following the completion of training and after the first full year of active membership. The deadline for registration is Wednesday, Aug. 25.

Oak Harbor

Village to open fitness trail



Austin, Abby, Aiden, and Paige Short, and their family dog enjoy the trail. (Submitted photo)

The Village of Oak Harbor will mark the official opening of a 0.6-mile concrete fitness trail in Veteran's Park with a check presentation and ribbon-cutting ceremony Aug. 25 at 7:30 am, at the park.

In July, RMH Concrete completed construction of the 6-foot-wide, ADA-accessible walking path, that meanders through the green space on the outskirts of Oak Harbor's largest park.

Funding for the project was made possible by a public-private partnership between the village, Ohio Department of Natural Resources and the Oak Harbor Development Group Founders Program, which consists of community partners who have pledged ongoing, annual support.

"The Village of Oak Harbor and the Oak Harbor Development Group have partnered on several projects to improve the quality of life for residents of the Oak Harbor community," said Michael Shadoan, president of Oak Harbor Development Group. "The new trail is getting a lot of action, and the community loves it!"

The trail project was initially part of approximately \$3.3 million in total grant funding awarded in 2019 through ODNR's NatureWorks program. The Oak Harbor trail project cost approximately \$150,000, of which ODNR funded \$84,000. Oak Harbor Development Group funded almost \$48,000, and the remaining balance came from the Village of Oak Harbor, a Facebook

fundraiser and the U.S. Bank Foundation.

For walkers and runners only, the trail is the first phase of the Veteran's Park improvement project expected to include privately-dedicated benches and several fitness stations. The intended fitness stations will feature inclusive options for beginners, seniors, wheelchair users, and advanced users.

Veteran's Park also includes a sledding hill, little league ball diamonds, a softball diamond with a concession stand, basketball courts, volleyball courts, a skate park, and a multitude of playground equipment and shelter houses.

"From Veterans Park to the Portage Riverfront, we are excited about the new recreational options available to our residents," mayor Quinton Babcock said. "Through generous private partners and the aggressive pursuit of grant funding, our residents are enjoying these improvements at a fraction of the cost."

The Oak Harbor Development Group, a 501c3 organization, seeks community partners and sponsorship of dedication benches and fitness equipment. Contributions are tax deductible as a donation to the Oak Harbor Development Group.

Contact the Oak Harbor Area Chamber of Commerce, 419-898-0479, or the Village of Oak Harbor, 419-898-5561 for more information.

Obituaries

Obituary

Ronald W. Lowe

December 2, 1964 – August 10, 2021



Ronald W. Lowe, 56, of Curtice, Ohio, died Tuesday evening, August 10, 2021, after a lingering illness. He was born on December 2, 1964, in Oregon, Ohio, the son of Wayne and Vina (Hamilton) Lowe. He had attended Genoa High School and then started working for Old Castle Glass Co., in Rossford, Ohio for the next 33 years.

Ron was a somewhat private person who loved his family but enjoyed the solitude of woodworking and tinkering in his garage. In his younger years he enjoyed snowmobiling around the local area and into Michigan. He fished in Lake Erie and hunted deer and small animals. He was a NASCAR fan and enjoyed watching sports on TV.

Ron is survived by his fiancé, Renee Cannon, sister, Kimberly (John) Hoodlebrink, nieces and nephews, Jonathan (Emily) Meyers, Lindsey Meyers, Brittney Hoodlebrink and Breanna Hoodlebrink, and seven great nieces and nephews. He was preceded in death by his parents, grandparents and his sister, Lisa Meyers, who passed away on July 10, 2021.

Robinson-Walker Funeral Home is assisting the family with arrangements. No services are scheduled at this time. Memorial contributions may be made to the American Cancer Society, 740 Commerce Dr., Suite B, Perrysburg, Ohio 43551. Online condolences may be made to the family at www.walkerfuneralhomes.com

Obituary

Marlene Burrey

December 23, 1932 – August 9, 2021

Marlene Burrey, 88, of Oak Harbor, OH passed away Monday, August 9, 2021 at Riverview Healthcare campus, Oak Harbor, Ohio. She was born on December 23, 1932 in Toledo, OH, the daughter of Sam and Mildred (Warren) Freeman. On February 18, 1967, she married Kenneth Burrey, who preceded her in death in 1989.

Marlene worked for years in the family trucking and disposal business, then as a cook at the Luther Home of Mercy and as a homemaker in her later years.

She was a devoted lover of animals, particularly her numerous dogs and cats over the years. You could always walk in on her watching her favorite TV program, "Animal Planet".

She leaves behind her son: Eric Burrey (Erin) of Woodville; Step-grandson: Cameron Sneath (Karah) of Elmore; step-great-grandchildren: Aubrey and Stella and sister-in-law: Nancy Freeman and many nieces and nephews. She was preceded in death by her husband: Kenneth Burrey; son: Raymond Burrey; brothers: Kenneth, Robert, Marshall and Franklin Freeman and sister Virginia Freeman McCullough.

As per Marlenes wishes, there will be no services. Memorial donations in her name may be given to:

Riverview Auxiliary, 8180 SR 163. Oak Harbor, OH 43449 or The Humane Society of Ottawa County, 2424 Sand Rd. Port Clinton, OH 43452. The family would like to thank Heartland Hospice and the staff and nurses at Station 1 of Riverview Healthcare campus for the care of their mother.



Ottawa County

Mental health board merger approved

By Larry Limpf
News Editor
news@presspublications.com

The Ohio Department of Mental Health and Addictive Services has approved plans to dissolve the current structure of the Mental Health and Recovery Board of Erie-Ottawa Counties.

Lori Criss, department director, said that under plans submitted by commissioners of each county, Ottawa County will join the Seneca-Sandusky-Wyandot Mental Health and Recovery Services Board and Erie County will form its own independent board.

She said the OhioMHAS received the request for withdrawal in May from the counties and then began the required legal and financial reviews to ensure full services continue without interruption for residents.

"Our primary goal as we worked through this complex change was to ensure Ohioans served in Erie and Ottawa counties continue to have access to high quality mental health and addiction prevention, treatment, harm reduction, and recovery support services," Criss said. "I appreciate the efforts of the Erie and Ottawa county commissioners and local board leaders to thoughtfully develop the needed plans for the operation of an independent board in Erie County and the joining of Ottawa County to the Seneca-Sandusky-Wyandot board. Ohio's ADAMH county boards are uniquely positioned to understand their communities' needs, and it was important that this change be locally driven and reflect the voices of consumers and their families and other stakeholders."

In a prepared statement last week, the Ottawa County commissioners said they were confident the new partnership would provide services for residents in need and "open opportunities for new or improved

“ I appreciate the efforts of the Erie and Ottawa county commissioners and local board leaders... ”

programs in the future.”
The Erie County commissioners said the separation will “allow for more strategic and targeted services for Erie County.”

The Ottawa County commissioners held a public hearing on May 12 on the proposed move and then passed a resolution seeking state approval to withdraw from the joint board with Erie County.

The resolution notes that Erie County in April had approved its own resolution to withdraw and that Ottawa County, with a population of less than 50,000, was required by state law to join another joint-county district.

Mircea Handru, executive director of the Seneca-Sandusky-Wyandot Mental Health and Recovery Services Board, was one of several mental health professionals to speak at the hearing and he tried to alleviate concerns some residents had about Ottawa County being fairly represented on a board covering four counties.

He said last week that the state budget bill that went into effect July 1 includes provisions allowing boards to expand from 14 to 18 members. Also, county commissioners have the authority to appoint two members to the board.



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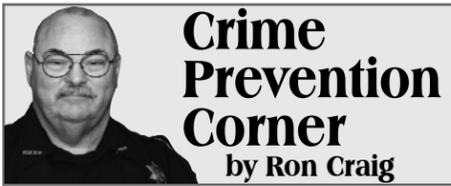
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School, student safety should be discussed

Editor's note: As research for the following article, Ron Craig spent part of a day with a school bus instructor for Lake Local Schools



Crime Prevention Corner
by Ron Craig

This week, Lake Local Schools will begin another year of classes. Classes already began in some other area schools last week. Below are a few safety tips for students and parents that will help make the school year a safer experience.

Each parent and those who are responsible for a student need to take a few minutes to talk to students about school safety.

How to act properly while riding on a school bus is a good place to begin. Students should quickly get to a seat and stay seated until the bus comes to a stop. Students should use inside voices because the volume of so many students talking at once in loud tones can be distracting to the bus driver.

If a student must cross the road when he or she gets off the bus, the student should look to make sure traffic has stopped. There are far too many cases in which cars pass a stopped school bus.

Lake Schools bus instructor Steve Poiry, a former Lake Township police officer and school resource officer, said the drivers and students for his school are also taught other signals and procedures for students who must cross the roadways.

Poiry says picking up and dropping off students is the riskiest time for students and bus drivers. Students who must cross the road at drop-off are instructed to take 10 steps along the side of the road, then stop. Students are to look at the bus driver and wait for his hand to come down, then walk to the center of the road. Students are to look both ways to see if there is any moving traffic before quickly crossing to a designated area. Students are to stay there until the bus drives away.

Students should keep locks on lockers because they are solely responsible for what is in them. Students should not give out the combination to the lock, even to their best friends. If a school official finds contraband in a locker, the student assigned to that locker would be hard-

pressed to convince someone they knew nothing about it.

bullying is carried out. It is also something that can be done after the school day is over, so it is of particular concern to parents

Each case of bullying and cyberbullying is different, and there is no one solution for all instances. A parent who has learned his or her youngster is a target should seek assistance from a professional, such as a trusted teacher, a guidance counselor, or school resource officer. Other sources are also available outside of school.

Student safety is a serious topic, one

that should be discussed between all parents and their youngsters.

This article is a public service from the Community Policing/Crime Prevention Division of the Lake Township Police Department. Township residents may obtain further information on crime prevention and public safety topics by contacting Ron Craig, crime prevention specialist/community policing officer, at 419-481-6354.

“
If I complained to my dad about being picked on, he would just tell me to “man up.” That doesn’t work these days.
”

pressed to convince someone they knew nothing about it.

If a confrontation occurs at school, the smart student walks away from it before it develops into a physical situation. Students should be encouraged to be the better person in such situations.

One of the most important student safety topics that has arisen in recent years regards bullying and cyberbullying.

Back when I was growing up, those terms did not exist, at least in my world. If I complained to my dad about being picked on, he would just tell me to “man up.” That doesn’t work these days.

What has made bullying and cyberbullying so important now is the number of teen and even pre-teen suicides and suicide attempts. This topic can no longer be sluffed off and treated as another part of growing up, thanks due to the potential for a tragic ending. Like it or not, kids are more sensitive these days.

Cyberbullying is accomplished through social media, texting, and email, just to name a few examples of how cyber-

Cooling assistance program continues

Great Lakes Community Action Partnership (GLCAP) reminds those who need cooling assistance that the Summer Crisis Program is available to help through Sept. 30.

The Summer Crisis Program can help residents pay utility bills, repair central air conditioning units, or obtain one window air conditioner for their residence. The program is available to Wood, Sandusky, Ottawa and Seneca county households that are at or below 175% of federal poverty guidelines (e.g., \$46,375 for a household of four) and have a disconnect notice from their electric provider.

The program is also available for residents with a household member over the age of 60, or a household member who has a documented medical condition that requires air conditioning (no disconnect notice is required).

Clients must complete the intake process and provide the following documents before payments or benefits are received:

- Copies of their most recent energy bills.
- A list of all household members with their birth dates and Social Security numbers.
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of income for the last 30 days or 12 months for all adult household mem-

bers.

• Physician documentation that cooling assistance is needed for a household member's health (if there isn't a household member over the age of 60).

To receive assistance, schedule an appointment by calling GLCAP at 567-432-5046 or by visiting glcap.org/summercooling to schedule an appointment online.

TRIPS to collect fares

TRIPS Public Transportation will resume fare collection for on-demand and Fremont Shuttle service rides beginning Wednesday, Sept. 1.

Fare collection was suspended in March 2020 to limit the handling and passing of cash to mitigate risks of virus transmission throughout the COVID-19 pandemic.

Sandusky County on-demand ride fares will resume at the rate of \$2, \$3 or \$4 per ride, depending on the location of travel. Fremont Shuttle fares will resume at \$1 per ride. TRIPS on-demand rides are available 5 a.m.-7 p.m., Monday-Friday, and 5 a.m.-noon on Saturdays. Rides should be scheduled 24 hours in advance by calling 419-332-8091.

Fremont Shuttle rides are available 8 a.m.-6 p.m., Monday-Friday, with shuttle stop locations available throughout the City of Fremont.

Details on both services are available at glcap.org/trips or by calling 419-332-8091.

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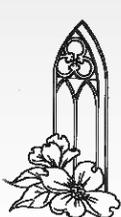
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This week in Toledo's past:**Events in the Toledo area over the past 150 years****Aug. 22**

1904 - Judge Sherman W. Lott of Toledo sets record for fastest marriage ceremony in his court by taking four seconds to tie the knot for Frederick Hooper and Jesse Pearl Kall of Toledo.

1910 - Hundreds of volunteer, from 10-100 years old, wade into the waters of Toledo Beach to pull weeds that are ruining the bathing and wading experience for visitors to the popular beach.

1927 - WTAL radio (later to become WSPD) moves from Waldorf Hotel into new studios at 217 Superior Street in Toledo.

1947 - Findlay residents complain about large and rare invasion of horseflies that have been harassing just about everyone in recent weeks. One resident says he killed more than 160 in one day at his home.

1955 - Thousands of spectators turn out for the annual Water Circus and show at Scott Park pool featuring synchronized swimmers and competition diving as part of the Toledo Recreation festival.

Aug. 23

1911-A stray dog named "Bum" who has been hanging around the Central police station helps patrolman capture three would-be burglars as he corners them at Hoffman Confectionary at Adams and Superior Street. "Bum" may have become Toledo's first 'police dog'.

1917 -The Leavitt Diving Armour Company of Toledo sets a deep-sea diving record of 170 feet as they recover a large cache of treasure copper from the sunken freighter "Pewabic" on Lake Huron near Alpena, Michigan.

1926 - The Toledo Dining Car Company announces plans to put a fleet of railroad type dining cars on the downtown streets to serve lunches and meals.

1932 - Beebe House Hotel at Put-in-Bay is destroyed by massive blaze.

1957 - Big changes for phone users in Toledo as Ohio Bell begins changeover from old alpha-numeric exchanges to numerical-only prefixes that will eventually lead to direct long distance calling.

Toledo Historical Museum

by Lou Hebert

**Aug. 24**

1907 -The "Great Van Amburg" circus is playing in Bowling Green.

1908 - A Toledo courtroom is filled with laughter when 24 people are arrested for running a "disorderly house" at 29 South Erie Street. The accused then performed a "minstrel show" to the delight of the court audience.

1916 - Mayor Milroy orders police and firemen in the city back to their jobs after they were laid off because the city ran out of money to pay them. The reduction in police forces creates a mini crime wave of burglaries and robberies.

1951 - A very special train takes 750 people from the Elmore area on a ride to Toledo using the old NYC tracks that ran through Elmore and Genoa. The excursion was organized to celebrate Elmore's Centennial celebration.

1959 - In Perrysburg, a passenger train derailment near the East Boundary crossing injures 15 passengers and topples several cars.

1986 - A fuzzy image of Jesus said to be visible on side of soybean silo at Fostoria, thousands of people line up to see the vision.

Aug. 25

1875 -The schooner, "the Mayflower," sinks near Marblehead in Lake Erie.

1898 - The Burt Theater, (still standing), at Jefferson and Ontario opens for live vaudeville performances. The ornate and Venetian type building was operated by the infamous Frank Burt who owned hundreds of theaters across America and made Toledo his home.

1907 -Moreton Storage and Moving Company warehouse in Toledo is destroyed by fire.

1915 - Toledo patrolman Adolf Reimer dies after being shot three weeks earlier when answering a disturbance call.

1946 - A 38-foot cabin cruiser from Toledo named "the Albatross," is mistakenly attacked by three U.S. Navy warplanes (Corsairs) doing target practice near West Sister Island. Seven fishermen injured and burned.

1960 - A mystery cannon ball of unknown origin is given to the Toledo Zoo Museum. It was found buried in a Maumee River bank near Waterville and theorized it may have been some of the supplies that were shipped to the British at Ft. Miamis, or to Commodore Perry's fleet before the Battle of Lake Erie.

Aug. 26

1909 - Nationally promoted wacky six-day King Wamba Carnival underway in Toledo. It is billed as the "Mardi Gras of the North."

1916 - "Lottie Mayer and her Six Diving Nymphs" are performing at Toledo Beach.

1935 - Heart disease takes the life of pioneer Toledo automaker and former Ambassador to Poland, John North Willys, at his home in New York City. His wife and family are at his bedside when he passes.

1949 - Thousands of onlookers in downtown Toledo watch as fire destroys a building in 600 block of Adams Street.

Aug. 27

1909 - John North Willys announces he will bring another factory to Toledo. The Warner Gear factory will be moved to Toledo from Muncie, Indiana and employ 500 workers.

1921 - The "Human Fly," Mrs. Dolly O'Brine, scales side of Masonic Building in Bowling Green, drawing excited crowds of onlookers.

1924 - A 9-year-old boy, Ralph Roberts of Toledo is charged with murder after he put a block of wood on a train track at Millfield Ohio, causing a derailment in which two engineers were killed.

1949 -The Toledo harbor range lights, known as "the crib," are removed from Maumee Bay.

1967 - A great tragedy on Lake Erie when 16 skydivers drown when their jump plane drops them over the lake near Huron, Ohio.

Aug. 28

1906 - A Toledo woman is reported to be a

"living statue." Anna Fuzee arrested on a "lunacy charge" after she refuses to move and just stares off into space. She is sent to jail's insane ward. Deputies say it feels like her body has turned to stone.

1913 - East Toledo residents complain that crime is too rampant on their streets and they need more policemen patrolling the area.

1929 - A massive blaze destroys the six-story plant of the Toledo Grain and Milling Company at Harrison and Mills Street. Damage is set at \$800,000.

1930 - Construction begins on the new \$450,000 University of Toledo field house, which will feature an indoor arena for football and track.

1958 - Future Olympic Gold Medalist figure skater Scott Hamilton born in Toledo.

Hydrant flushing

The Northwestern Water and Sewer District's Maintenance Department will be flushing and testing fire hydrants Aug. 23 through Nov. 5.

Testing will be performed on all hydrants in the city of Rossford and all hydrants east of the city of Perrysburg corporation limits to the I-280 expressway in Lake Township.

The area affected will be Ampoint Industrial Park, Owens Community College, The village of Walbridge, Moline and Turnpike Exit 5 Interchange, as well as subdivisions such as the Hamlet, Belmont County Club, Starbright, Lakemont, Homecraft, etc.

Testing will be performed between 8 a.m. and 3:30 p.m. Monday through Friday. Residents may experience rusty water during this period and should run tap water prior to using water for laundry purposes. Those who experience rust on clothing may obtain rust-removing chemicals through the Northwestern Water and Sewer District's office, located at 12560 Middleton Pike, Bowling Green. Office hours are 8 a.m.-5 p.m. Monday through Friday.

Call 419-354-9090 or 877-354-9090 for more info.

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What to do with the coming Afghan 'peace dividend?'

By Thomas Knapp

As I write this, the Taliban have assumed full political control — to the extent that such a thing can exist — of Afghanistan. They've taken Kabul. They've put the U.S. occupation's puppet president, and many Afghans who served the occupation presence, to flight. They've declared the restoration of their "Islamic Emirate."

Despite the sometimes ugly particulars, that's good news for America. A war that should never have happened, and that once it happened should have lasted more like 20 weeks than 20 years, is finally ending.

So, let's get down to serious discussion about the coming "peace dividend."

As of last month, according to Brown University's Watson Institute, the U.S. government had spent more than \$2.2 trillion — an average of about \$110 billion, or more than \$300 per American, per year



— losing in Afghanistan.

Some of those costs — for example, more than \$500 billion (\$25 billion per year) in interest on war borrowing, and nearly \$300 billion (\$15 billion per year) in medical and disability costs for the US armed forces' wounded — will unfortunately continue to nickel-and-dime American taxpayers far into the future.

But items like the US Defense Department's "Overseas Contingency Operations" budget (\$933 billion, or \$47 billion per year), the State Department's OCO (\$59 billion, or \$3 billion per year),

and DoD's "base budget increases" for the war (\$443 billion, or \$22 billion per year) are fair game for cuts.

At a conservative (very conservative) estimate, let's call it \$70 billion a year in savings. I'd be surprised if the real number is less than \$100 billion, and un-surprised to learn that there's more than \$500 billion in Afghanistan-related fat in the US government's annual spending. But let's bend over backward to be fair to the big spenders and pretend it's just \$70 billion.

The big problem, of course, is getting politicians to resist the wheedling of "defense" contractors and armed forces bureaucrats. They want that money rolled over into exciting new (or old), and invariably bad, ideas for US military adventurism (e.g. "confronting China" or "countering Russia"), rather than simply removed from the Bad Idea General Fund.

That's a difficult problem, but it's also an incredibly important problem. If the

people who keep getting us into expensive fiascoes like Afghanistan are allowed to just roll old money over into new scams when the old ones finally collapse, those scams will keep coming and keep getting more expensive. The US "defense" budget must be cut by at least \$70 billion per year going forward.

As to what should be done with that savings, lots of people have lots of ideas. Mine would be to leave \$70 billion per year more in ordinary Americans' pockets through some kind of bottom-bracket tax cut. But before we can do anything with it, we have to pry it out of the military-industrial complex's grasp.

Thomas L. Knapp (Twitter: @thomaslknapp) is director and senior news analyst at the William Lloyd Garrison Center for Libertarian Advocacy Journalism (thegarrisoncenter.org). He lives and works in north central Florida.

Every day is today; not yesterday or tomorrow

Do you fret over the past? Do you worry about the future? Do you put things off until you get around to it? Do you avoid dealing with problems? Do you spend today focused on yesterday or tomorrow? Do you spend time worrying? Now is the time to take control of your life.

Now is what matters. Yesterday is over and can't be changed. Nothing can be accomplished tomorrow because you don't live in tomorrow. Every day is today. Now is when you can get things done. Now is the time to be proactive.

Now is the time to pursue your goals, solve problems, learn, grow, and improve. Now is the time to stop procrastinating. Now is the time to get the most out of life. Now is the time to develop good habits and break bad ones.

Now is the time to appreciate all of the good in your life. Cultivate your attitude of gratitude each day. Be thankful for all of your blessings. This approach makes each day a better day by feeding your positive attitude.

Now is the time to smile. Smiling boosts your emotions, along with the emotions of those you encounter. Every day is a reason to smile because it is a new beginning. Each day you can choose



“
You can't alter the past, but the actions you take today influence what happens in the future.
”

happiness. Now is the time to take control of your emotions.

Now is the time to let go of the past. The past is over; don't waste effort lamenting what has already transpired. Don't allow the past to pollute the present. Learn from the past. The past teach-

es you what works, and what doesn't.

Now is the time to take responsibility for your life. Don't make excuses. Don't blame other people or circumstances. If you are not happy with your situation, take positive steps to fix it. You are the only one who can make changes to your life.

Now is the time to stop worrying. Worry is like being in a rocking chair; it's a lot of activity which doesn't get you anywhere. Replace worry with action. If you are concerned about a situation, do what is necessary to deal with it.

Now is the time to find the solution which exists for each problem. Once a problem is identified, focus your energy on solving it. Complaining about it accomplishes nothing. If you say you can't do something, you are right. Conversely, if you say you can do something, you are also right.

Now is the time to prepare for tomorrow. You can't alter the past, but the actions you take today influence what happens in the future. Don't wait for things to change, do what is necessary to create the change.

Now is the time to grow and improve. Education is a lifetime pursuit. There is always more to learn. Learn from others

who are where you want to be. Observe how they have become successful. You can save yourself a lot of time by learning from others experiences.

Now is the time to be aware of your thoughts and self-talk. What you say to yourself determines what you think about. If you are saying things such as, "I can't do it," "It won't work," "I'm not good enough," "That's impossible," or "Nothing ever works for me," you are programming your mind for failure.

Now is the time to replace negative self-talk with positive. Tell yourself, "I will do it," "I can do it," "I'll figure out a way to do it," and "I will succeed." Program your brain for your desired outcomes.

Now is the time that matters. The actions you take today shape your future. Take positive steps now to make changes, solve problems, and prepare for tomorrow.

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Do the regulators view Bitcoin as a real alternative?

By Joel Schlosberg

U.S. Securities and Exchange Commission Chair Gary Gensler might seem one of the least likely people in the world to praise Bitcoin as an example of "how technology can expand access to finance and contribute to economic growth" — while noting its founder Satoshi Nakamoto's intentions "to create a private form of money with no central intermediary, such as a central bank or commercial banks" ("Remarks Before the Aspen Security Forum," August 3).

Yet while Gensler praises the technological breakthroughs of Bitcoin and other cryptocurrencies, he evaluates them from the existing framework of money issued by governments, contending that "we already live in an age of digital pub-



lic monies — the dollar, euro, sterling, yen, yuan" since they circulate in forms less tangible than printed bills. With exchanges between different forms of cryptocurrencies at present largely relying on "stable value coins ... pegged or linked to the value of fiat currencies," it seems natural to Gensler to bring them under the SEC's established regulatory structure.

Yet as Benjamin R. Tucker noted in 1887, allowing only forms of banking that "observe the prescribed conditions"

of "law-created and law-protected monopolies" prevents them from becoming a true alternative.

One such experiment, Ralph Borsodi's Constant, was stalled in 1974 by the prospect of the same SEC securities regulation proposed by Gensler for current private currencies. The Constant secured against the inflation which steadily diminishes the purchasing power of state currencies by being based directly on the real supply and demand values for a representative sample of common goods. Borsodi had correctly presumed that even though the Constant had achieved his aim, since it "takes money creation completely out of the government's hands," it was "not likely to make governments very happy." Gensler warns that cryptocurrencies

are "rife with fraud, scams, and abuse in certain applications." Mutualists like Tucker and Borsodi saw how political influence over the currency, implemented via seemingly neutral rules, inevitably consolidated economic clout by stealthily rigging the whole economy to favor the powerful.

A free market in money itself, not just in what can be traded for money, would keep its providers honest and its value fair.

New Yorker Joel Schlosberg is a contributing editor at The William Lloyd Garrison Center for Libertarian Advocacy Journalism.

Gun ignorance hurts the country

To the editor: If a troubled, violent armed person enters a crowded restaurant, how many will he kill? All of them. Unless there is an armed customer present to stop him.

The only thing that will stop a bad guy with a gun is a good guy with a gun. The average person in our society today is ignorant of gun usage, safety, care and handling. This lack of firearm education and experience has led to misunderstandings and a real fear of the unknown. But everyone does understand this real fear. If you hear someone breaking into your house in the middle of the night you make a quick call to the police. Why? Because they will arrive with pistols drawn. You just hope and pray they get there before you are beaten, raped and/or killed.

Think rifles are the problem? Think

Letters

Letters should be about 350 words. Deadline Wed. Noon. Send to news@presspublications.com

again. According to FBI statistics for 2019, rifles were involved in 3 percent of homicides, the same percentage as blunt objects. Knives and cutting instruments were involved in 10 percent. Maybe we should consider banning knives. Unending newly-enacted gun rules/laws will not deter deranged, troubled, psychotic individuals.

What to do? There are those among us who lack this understanding and continue their relentless push to turn America away from its core values and the rule of law. Activist judges who reject the true meaning of our nation's founding documents have been working for decades to re-interpret the Constitution and the Bill of Rights to fit their worldview.

We must never yield our God given right to defend ourselves and our loved

ones. We must constantly fight the good fight to preserve our country, our constitution and the Second Amendment freedoms upon which our beloved America was founded.

Greg Bonnell
Oregon.

Letter policy

Letters must be signed, typed, no longer than 350 words and include a phone number for verification. The Press reserves the right to edit letters for clarity, to maintain the word limit, and for legal reasons.

Letters are generally printed in the order they are received but letters pertaining to a current event are given priority.

Email to news@presspublications.com; fax to 419-836-1319, or mail to The Press, P.O. Box 169, Millbury, OH. 43447.

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Vitality

Health & Wellness

Be smart with summer safety tips for outdoor exercise

By ProMedica Fitness Team

The summer sun has a way of keeping us motivated to exercise, but in warm weather, you need to be smart about physical activity, so you can reap the rewards of outdoor exercise and stay safe in the process.

Speak with your healthcare provider

It's always wise to touch base with a medical professional before increasing your level of physical activity. This is especially important if you're older than 50, are dealing with orthopaedic issues or have a history of heart problems, stroke, diabetes or other chronic conditions.

"Really, before anyone embarks on a fitness program, they should be talking to their primary care provider," says Erica Martin, MD, a family medicine specialist and sports medicine physician with ProMedica in Toledo.

Your provider is best suited to recommend the exercise plan that's right for you.

Get ready and set before you go

It's not easy — or advisable — to jump headfirst into outdoor exercise if you're not in good physical shape.

"If someone has not exercised in quite some time, and they decide they want to embark on an exercise program in the middle of summer, they first need to establish some base level of fitness indoors, in a more climate-controlled environment," says Dr. Martin.

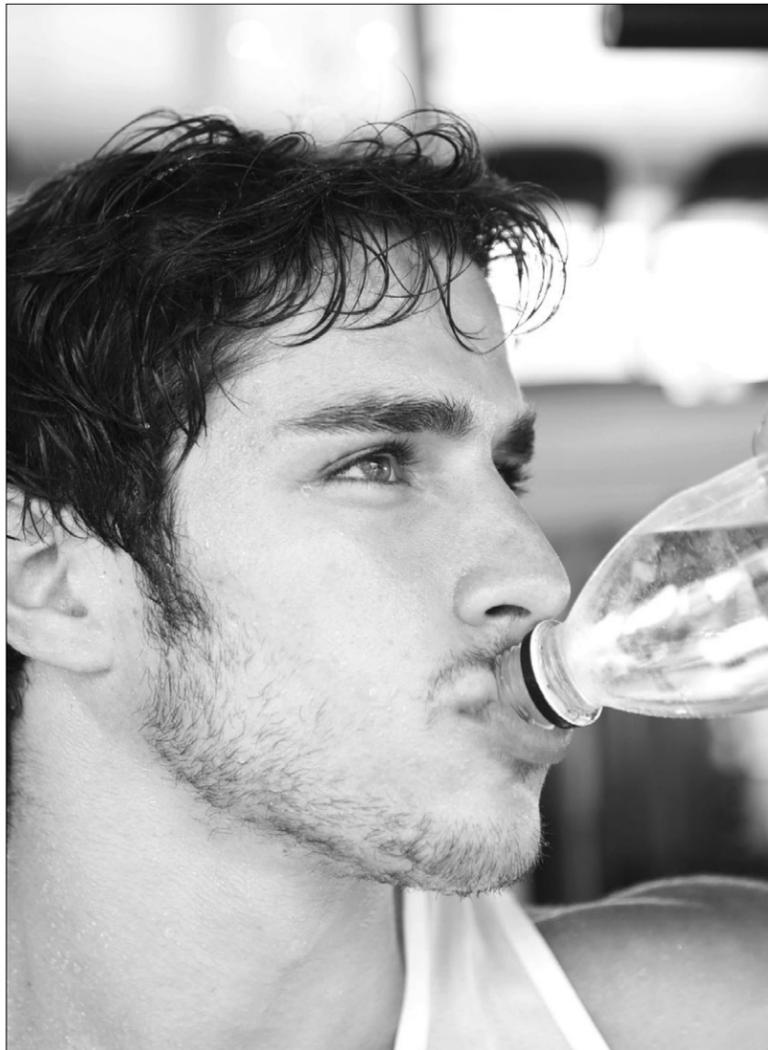
You might try mall walking, for example. Or perhaps, spend time on a treadmill. Summertime heat takes a toll when you're unaccustomed to it and can lead to serious heat-related illness. Establishing a base level of fitness makes a difference.

"The fitter we are, the better we are at regulating our body temperature," says Dr. Martin. "Sweat rate increases and heat dispensation, in general, becomes more efficient. We're also better in tune with perceived exertion."

Dress for success. The sun can cause sunburn, which increases your risk for skin cancer. It can also damage your eyes and cause overheating. Wear loose, lightweight clothing, and where skin is exposed, sunscreen. Dr. Martin recommends a mineral-based product with a sun protection factor (SPF) of 30 to 50.

"The benefit of anything over SPF 50 is minimal," she says.

Reapply your sunscreen according to the product label, especially if you sweat heavily or spend time in water. And for ad-



Stay properly hydrated — before, during and after physical activity. Water is best.

ditional protection, wear a wide-brimmed hat and sunglasses that clearly state they provide UV protection.

Hydrate, hydrate, hydrate. You lose water from your body when you sweat. So, staying properly hydrated — before, during and after physical activity — is critical. But don't rely on your sense of thirst.

"If you're thirsty, you're already a little bit dehydrated," says Dr. Martin. The best indicator of hydration level is your urine color," she continues. "You're looking for urine that's the color of light lemonade."

Dr. Martin recommends drinking 8 to 16 ounces of fluid in the hours leading up to your exercise and 8 ounces 15 to 30 min-

utes before exercising outside. And water is best. During exercise, she recommends 13 to 27 ounces per hour.

"Most people, if they're exercising for less than an hour at a time, don't need fancy sports drinks," says Dr. Martin. "But if you're exercising more than an hour, indoors or outdoors, I would encourage people to get some sort of electrolyte replacement."

She adds that sugar-free products don't provide the needed electrolytes.

Know when to go. Try to avoid exercising in peak sun and heat, which is generally between 10 a.m. and 5 p.m., according to Dr. Martin. If there are heat advisories,

“
The fitter we are,
the better
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regulating our
body temperature
”

pollution alerts or other things that would suggest outdoor exercise might not be safe, Dr. Martin advises to move your workout inside.

"In those cases, any potential benefit that someone's getting from exercising outdoors is probably outweighed by the potential risks," she says.

Recognize heat illness. Of course, recognizing heat-related illness is important, too. Here are a few things to look for:

- Heat cramps are a sign that your body is in distress. Get to a shady area, drink something cool and rest.

- Heat exhaustion may cause symptoms including heavy sweating, nausea, vomiting, dizziness and headache, but no changes in mental status. With these symptoms, try to get out of the heat, remove excess clothing and put cold towels on areas that radiate heat, such as the groin and armpits.

- Heat stroke is the most serious heat-related illness. Its symptoms are similar to those of heat exhaustion, but confusion is also present, and there may be little sweating even though body temperature may be 103 degrees or higher.

"Heat stroke is a medical emergency," says Dr. Martin. "You need to call EMS immediately." While you wait for help, getting out of the heat and quickly cooling down is vital.

Have fun. Finally, as you exercise, focus on fun.

"The most important thing with exercise is that people find what they enjoy doing and that they're going to do routinely," says Dr. Martin. "Just be cautious. Be smart about things and don't try to push your body's limits."

For more health tips and information, visit <https://promedicahealthconnect.org>.

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Did you know?

Health screenings are a vital component of preventative health care. Specific screenings for older adults can help them stay healthy. Healthline and WebMD recommend older adults schedule these routine tests. The frequency of the screenings may depend on individuals' health histories, so each test should be discussed with a physician during adults' annual checkups.

- Blood pressure check.
- Blood test to check cholesterol and triglyceride levels.
- Colorectal cancer exam starting at age 50.
- Weight screening to check for gains or losses.
- Prostate cancer screening for men age 70 and older.
- Breast exam and mammogram for women, starting at age 40.
- Pap smear and HPV tests at the recommended intervals advised by a doctor.
- Hearing test.
- Osteoporosis test.
- Shingles and pneumococcal vaccines.
- Eye exam.
- Periodontal exam once per year.

More mushrooms, please

The Academy of Nutrition and Dietetics reports that mushrooms contain about 15 vitamins and minerals, including folate magnesium, potassium, vitamin B6, and zinc. Mushrooms also are low in calories and rich in antioxidants, which can help to lower risk for inflammation.

Three strategies to protect mental health

Improving one's overall health and maintaining that health over the long haul can have a profound impact on quality of life.

For example, the Harvard Medical School notes that regular exercise can slow the natural decline in physical performance that occurs as people age. That means routine exercise can serve as something like a fountain of youth that allows people to keep their cardiovascular fitness, metabolism and muscle function on par with their younger counterparts.

When attempting to improve long-term health, it's important that people emphasize mental health as much as they do their physical health. The Anxiety & Depression Association of America notes the importance and effectiveness of preventive efforts in relation to depression and anxiety.

In regard to mental health, prevention efforts can function in much the same way that exercise serves physical health. Routine exercise helps people to maintain healthy weights, reducing their risk for various conditions and diseases. Preventive efforts designed to improve mental health can significantly reduce a person's risk for anxiety and depression.

Various techniques and strategies can be utilized to promote mental health, and these three are simple and highly effective.

Get enough sleep. According to the Primary Care Collaborative, a not-for-profit member organization dedicated to advancing an effective and efficient health system, sleep and mental health are intimately related.

Sleep loss can contribute to emotional instability. The amygdala is the part of the brain responsible for humans' emotional responses. When an individual does not get enough sleep, his or her amygdala goes into overdrive, leading to more intense emotional reactions.

The prefrontal cortex is another part of the brain that needs sufficient sleep to function properly. Without it, the prefrontal cortex, which is integral to impulse control, cannot function properly. Adults can speak



Mental health is important and protecting it should be part of everyone's health care regimen.

“ Preventive efforts designed to improve mental health can significantly reduce a person's risk for anxiety and depression. ”

with their physicians about how much sleep they should be getting each night. Those needs change as individuals age.

Eat a balanced diet. Eating a balanced, healthy diet doesn't just benefit the waistline. According to the ADA,

a balanced diet that includes protein, healthy non-saturated fats, fiber, and some simple carbohydrates can reduce the likelihood that mental health issues like fatigue, difficulty concentrating and irritability will arise during the day.

Volunteer in your community. A 2020 study published in the Journal of Happiness Studies found that people who volunteered in the past were more satisfied with their lives and rated their overall health as much better than people who didn't volunteer. Perhaps the most noteworthy finding in the study was that people who began volunteering with lower levels of well-being tended to get the biggest boost from volunteering.

Volunteering provides opportunities to socialize, which can help ward off the loneliness that can sometimes contribute to anxiety and depression.

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Stems, roots and rhizomes – learn your produce

Fresh fruits and vegetables can be grown at home with relative ease. Home gardening also puts complete control into the hands of individuals who want to know how the foods they eat were grown and treated, providing a greater measure of control over their diets. A sense of pride also comes from having a thriving garden in the backyard.

When gardening at home, gardeners may not know which parts of the plant are edible and which must be discarded. The following rundown can answer those questions and help people become better gardeners.

Tubers – Certain plants have underground storehouses of nutrients. Tubers are modified plant structures that are enlarged to store nutrients. These subterranean caches actually are the edible part of the plant. Potatoes, sweet potatoes, cassava, jicama, yams, and Jerusalem artichokes are some examples of tubers.

Taproots – Taproots seem similar to tubers, but they are actually quite different. While tubers are a modified and engorged part of a stem system, taproots are the central root of a plant. Carrots, radishes, beets, and parsnips are popular examples of taproots.

Stems – When munching on a stalk of celery or roasting freshly picked asparagus, people may not realize that it's the stems



Learning more about produce can help people diversify their gardens and make for tastier meals.

of these plants that are being prepared and consumed. The stem enables water and minerals to travel up to the leaves. Rhubarb is another popular stem vegetable.

Leaves – Sometimes referred to as “greens,” the leaves of many plants can be quite tasty. However, some leaves are simply edible all on their own. Spinach, parsley, chicory, lettuces, kale, arugula, and even dandelion leaves are part of many different salads and recipes. Cabbage heads also are the leaves of the plant, but some people also define these tightly compacted leaves as shoots.

Rhizomes and bulbs – The Spruce defines rhizomes as modified stems that run underground horizontally and strike new roots out of their nodes into the soil. Certain produce, including ginger, arrowroot, ginseng, and turmeric, is often mistaken as a root vegetable, but is actually a rhizome. Bulbs also are mistaken for roots, but are short stems enclosed by layers of fleshy leaves, says the food resource NutriNeat. Garlic, onion, fennel, leeks, and quash are types of bulbs.

Fruits and flowers – Flowers turn into fruits in many cases, but some flowers are edible as well. Believe it or not, broccoli is a flower bud, as is artichoke and cauliflower. Fruits are more commonly recognized because they are fleshy foods that contain seeds. Tomatoes are fruits and not vegetables.

Get to the root of problem to determine cause of hair loss

If a person is suddenly seeing more scalp or if hair feels less thick than it once did, he or she may be losing more hair than is normal, according to Francesca Fusco, M.D., a dermatologist and assistant clinical professor of dermatology at Mount Sinai. Getting to the root of the problem may take some time, but people can learn about common causes of hair loss to determine what might be the issue.

Stress – The National Institutes of Health reports that long-term or chronic stress puts people at risk for a number of

health problems, including hair loss. A Harvard University study led by Dr. Ya-Chieh Hsu found increased corticosterone levels secreted by adrenal glands that occurred from mild to moderate stress affected hair regrowth in mice. Stress caused hair to gray or fall out in mice, and further study is needed to determine if there is a similar connection in humans.

Genetics – Both men and women are susceptible to hair loss due to genetics. The American Academy of Dermatology says hair loss is more likely to affect men along

the hairline. In women, hair loss is usually concentrated at the crown of the head, especially noticeable at the hair part. There is no way to prevent this type of hair loss, but there are topical treatments that may slow down hair loss and make hair appear fuller longer.

Hormones – Hair loss can result from hormonal changes that occur when going on or off hormonal birth control methods or changing products. In addition, pregnancy causes surges in estrogen that cause hair to grow rapidly without falling out. However,

after pregnancy, hair patterns return to normal growth cycles and mild to intense hair shedding for a few months may occur.

Vitamin deficiency or overabundance – According to the AAD, overconsumption of supplements that contain vitamin A or certain medications may trigger hair loss. People who are not getting enough protein also may experience unwanted hair loss, as might those who have low iron levels.

Though it's often natural, certain instances of hair loss should be brought to the attention of a physician.

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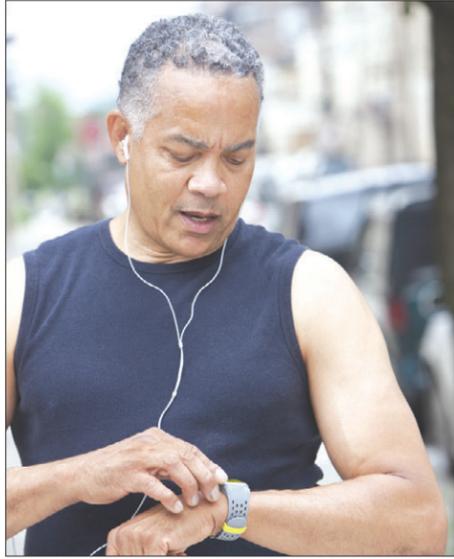


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Men may have to confront various health issues in middle age. Many of these issues can be overcome or made less severe by implementing some simple strategies.

Problems men may face in middle age

The human body requires constant upkeep in order for people to maintain their health over the long haul. An encouraging annual physical should inspire people to keep up the good work, while one that uncovers certain issues should spark changes designed to promote optimal health for years to come.

Men who work hard to keep themselves healthy should know that their hard work may not prevent certain issues. That's especially so for men in middle age, as men's risk for various conditions increases with age.

High blood pressure/hypertension. Blood vessels naturally become less flexible as the body ages. WebMD notes that this decreased flexibility puts pressure on the system responsible for carrying blood throughout the body. That's one reason why high blood pressure, also known as hypertension, is more common among aging adults. In fact, Johns Hopkins Medicine notes that even people who do not have hypertension by age 55 to 65 still have a 90 percent chance of developing it at some point.

The Mayo Clinic reports that, until age 64, hypertension is more common in men, so middle-aged men should take steps to reduce their risk even if retirement is still a long way off.

Johns Hopkins Medicine notes that shedding excess weight, reducing alcohol consumption, becoming more physically active, and reducing stress are just some of the ways adults can reduce their risk for hypertension.

Heart disease. A recent report from the Centers for Disease Control and Prevention found that a growing number of middle-aged Americans are dying from heart disease. Researchers at the CDC's National Center for Health Statistics found that between 2011 and 2017, the rate of deaths from heart disease for adults between the ages of 45 and 64 increased by 4 percent.

The American Heart Association notes that a significant percentage of heart disease cases are linked to obesity, so men in middle age can make a concerted effort to lose weight if they're already overweight or obese. Middle-aged men who are currently maintaining healthy weights can continue to do what they're doing while also recognizing that they may need to alter their diets and exercise regimens in the years ahead.

Prostate problems. WebMD notes that the prostate begins to enlarge as men age. In fact, that process slowly begins around age 25. Enlargement of the prostate is known as benign prostatic hyperplasia, or BPH, and it's entirely normal. However, around age 50, BPH can begin to produce some uncomfortable side effects. More frequent trips to the bathroom and difficulty with urination may begin around this time, and that's a result of the prostate growing larger.

Various organizations recommend men, beginning around age 40, start speaking to their physicians about their family history in regard to the prostate. Lifestyle changes, like cutting back on caffeine and alcohol consumption, may help reduce the side effects of an enlarging prostate by decreasing the number of times men must visit the toilet each day.

Five ways to pamper yourself more often

The COVID-19 pandemic has left many people scrambling for ways to unwind without risking their health or the health of others. Pampering oneself can be a healthy and enjoyable endeavor to explore.

Pampering means different things to different people. It involves indulging in self-care strategies to improve mental, physical and emotional health.

Pampering can provide a respite from stress, enabling one to switch off his or her brain for a bit. Rest assured that pampering doesn't have to involve big expenses, and many pampering sessions can take place right at home. Here are five pampering ideas to explore:

Take a nap. Getting enough restful sleep is essential for your overall health. The Sleep Foundation says people who work multiple jobs or for extended hours may not have enough time for sufficient sleep, and the Centers for Disease Control and Prevention indicates one in three American adults do not get enough sleep. Getting seven or more hours of sleep per night is important, but you also can add to your sleep bank by taking short naps in the early afternoon. A nap can reduce stress and elevate the mood. Stick to a snooze of 30 minutes or less.

Indulge in a luxurious practical item. Instead of splurging on something that is whimsical or unnecessary, allocate some disposable dollars to something functional – but put a luxurious spin on it. Think of buying a set of silk bedsheets or indulge on a high-end cut of meat for a family dinner. You'll feel rewarded without feeling guilty that you were wasteful.

Schedule a salon service. Hair, nail or skin services enable you to get away from



Pampering comes in many shapes and forms and is an effective way to reduce stress.

home for an hour or more and devote time all to yourself. Plus, you'll have the benefit of walking out of the salon looking like the best version of yourself.

Take a hot bath. People may be pressed for time when engaging in their daily beauty and grooming routines. A 10-minute shower before work might not provide the relaxation and sense of escape you need. Set aside a time in the evening to soak in the tub and let stress as well as

aches and pains melt away in the water. Scent the water with essential oils for a relaxing aromatherapy session.

Find a simple pleasure. Display fresh flowers on the table, listen to some favorite music while cleaning the house or plan a homemade meal for yourself accompanied by a fine wine. Planning for a simple pleasure once or twice a week gives you something to look forward to.

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How to choose the right pair of sunglasses to protect eyes

According to the Calvert Ophthalmology Center, ultraviolet rays from the sun can contribute to various eye problems. These can range from temporary vision loss to macular degeneration. When spending time in the sun, it's vital that individuals take steps to protect their eyes. One of the ways to do just that is to wear sunglasses.

All sunglasses are not created equal. Quality sunglasses protect the eyes from UV rays, reduce eyestrain in bright conditions and protect the eyes from flying debris. Here's how to find the right pair of sunglasses for you.

- Check the UV rating. Sunglasses should block 100 percent of both UVA and UVB rays. UV rays can contribute to cataracts and even destroy the retina, which is the lining at the back of the eyes. In addition, UV light can cause changes in the cells of the eyes that may produce discomfort or even lead to cancer. Make sure the label indicates that the sunglasses protect against UVA and UVB rays.



Shop smart when selecting sunglasses to keep eyes healthy and comfortable.

- Wear large sunglasses. The more coverage from sunglasses the better. The American Optometric Association advises that oversized or wraparound sunglasses are best, as they can cut down on the UV rays entering the eye from the side.

- Don't be fooled by dark lenses. Dark lenses do not necessarily block more UV rays than light-colored lenses. It is important to look at the label to see the UV rating.

- Select functional sunglasses. The sporting goods experts at REI state that certain sunglasses are specifically designed for certain activities. Sport sunglasses, for example are designed for running, biking and hiking. They're lightweight and fit tightly so they stay on while exercising. Their frame and lens materials also may be more

impact-resistant than casual sunglasses. Glacier glasses are sport sunglasses that protect the eyes from intense light at high altitudes and against reflections from snow.

- Know the functions of polarized lenses. Polarization helps reduce glare coming off of reflective surfaces, such as water. Note that polarization will not offer more protection from the sun, but it makes engaging in certain activities more comfortable.

- Recognize that the color of lenses also helps. In addition to polarization, the color of lenses can affect how much visible light reaches the eyes and affects clarity. Brown, gray and green are ideal for everyday use and most outdoor activities. Light colors like rose, yellow and amber are good in low to moderate light conditions. They can improve the visibility of objects and make surroundings seem brighter.

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Healthy habits that can become part of daily routine

A person's habits can have a strong impact on his or her overall health. Unhealthy habits like smoking and living a sedentary lifestyle can increase a person's risk for various conditions and diseases. On the flip side, healthy habits like eating a nutritious diet and getting enough sleep can bolster a person's immune system and reduce his or her risk for various ailments.

Some healthy habits, like daily exercise, can be time-consuming. Busy adults may not have time to exercise vigorously each day, though the U.S. Department of Health and Human Services urges men and women to find time for at least 150 minutes of moderate-intensity aerobic activity each week. But not all healthy habits take up time. In fact, adults can incorporate various healthy practices into their daily routines without skip-



The right habits can help people live healthier lives, and such habits need not require any major life changes.

ping a beat.

- **Take the stairs.** Taking the stairs instead of the elevator can have a profound effect on overall health. According to Duke University, climbing just two flights of stairs combined per day can contribute to six pounds of weight loss over the course of a single year. In addition, a study from the North American Menopause Society found that stair climbing can help postmenopausal women reduce their risk for osteoporosis and help them lower their blood pressure.
- **Drink more water.** The Centers for Disease Control and Prevention notes that water helps the body maintain a normal temperature, lubricates and cushions joints, protects the spinal cord

Continued on page 15



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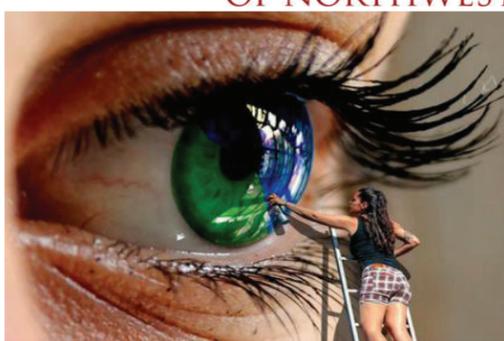
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Vitality

Healthy Habits

Continued from page 14

and other sensitive tissues, and helps to rid the body of waste through urination, perspiration and bowel movements. Adults who are thirsty can choose water over soda or other sugary beverages. The CDC notes that sugary beverages like soda and sports drinks contain calories but little nutritional value, making water a healthier way for individuals to quench their thirst.

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per day had half the incidence of dementia and Alzheimer's disease as men who walked less. A 15-minute walk around the neighborhood each morning, coupled with a 15-minute walk after dinner can help adults dramatically improve their overall health.

• **Eat more greens.** Eating more greens is another healthy habit that doesn't require a major overhaul of an individual's lifestyle. The U.S. Department of Agriculture notes that dark green leafy vegetables, such as spinach, are rich in vitamins A, C, E and K. The Mayo Clinic notes that vitamin E alone can help people maintain their vision and promote a healthy reproductive system while also improving the health of the blood, brain and skin.

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Gridiron coaches want to get right staff on board

By J. Patrick Eaken
Press Sports Editor
sports@presspublications.com

Prep football coaches say it is key to have a staff under your wings that you can depend on.

Eastwood coach Craig Rutherford has one advantage — he has his father, longtime Eastwood coach Jerry Rutherford, coaching his offensive line. Plus, former Maumee and Bowling Green State University player Evan Karchner, will return to run the defense.

“It helps to have a coaching staff which has so much consistency. We have got a good feel for it, and we are excited to see what we can put together,” Rutherford said.

Joining Lake coach Josh Andrews’ staff this year is Todd Witt, who came over from Genoa and will help with special teams and linebackers, and former Bowling Green State University player Clay Rolf (Eastwood), who also helps with special teams. Also back is defensive coordinator Dave Rymers, long time assistant football coach Greg Wilker, former varsity head coach Mark Emans, and throw in assistants Ron Bencivengo, Brian Ringholtz and Larry Folley.

Emans, a 6-foot-4, 225-pound linebacker, played at Bowling Green State University for four years under coach Denny Stoltz, and he was named a team captain his senior year in 1983. He was a 12th-round draft pick by the Green Bay Packers in 1984.

Head coach Gene Rucker came to Cardinal Stritch after serving as an assistant coach at Sylvania Northview. Prior to Northview, Rucker served as an assistant at his high school alma mater. Marion Harding. After an outstanding high school career, he attended Capital University where he played linebacker, defensive end, and special teams.

Helping Rucker are assistants Ray Paige, Michael Manders, Tanner Langlois, and Jacob Wagner. Paige returns as offensive coordinator, Manders and Langlois are Stritch graduates, and Wagner, a family member to Rucker, joins the staff this year and the head coach says he “gets a little more pressure.”



Week 2

*Press Game of the Week

The Press Gridiron Soothsayers

								
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Woodmore @ Gibsonburg	Gibsonburg	Gibsonburg	Gibsonburg	Gibsonburg	Gibsonburg	Gibsonburg	Gibsonburg	Gibsonburg
Lake @ Northwood	Northwood	Northwood	Northwood	Northwood	Northwood	Northwood	Lake	Lake
Eastwood @ Bowling Green	Eastwood	Eastwood	Eastwood	Eastwood	Eastwood	Eastwood	Bowling Green	Eastwood
Delta @ Cardinal Stritch	Stritch	Stritch	Delta	Delta	Delta	Delta	Delta	Delta
Clay @ Sylvania Northview	Clay	Northview	Clay	Northview	Clay	Clay	Northview	Northview
Sylvania Southview @ Waite	Southview	Waite	Southview	Southview	Waite	Southview	Southview	Southview
Cleveland @ Atlanta	Cleveland	Cleveland	Cleveland	Cleveland	Cleveland	Cleveland	Cleveland	Cleveland
Baltimore @ Detroit	Baltimore	Baltimore	Detroit	Baltimore	Baltimore	Baltimore	Baltimore	Baltimore

“It’s been great. The one thing at small schools is you have limited resources so you’re coaching staff has to do more. It’s not like at Central where you have a specific quarterback coach, you have a DB coach, linebacker and running back. You have to be able to do a good job to bounce back and forth and come into work every day,” Rucker said.

One consistent in Waite’s favor is the new-found consistency in head coach Aaron Peacock’s staff, and he takes pride in talking about them. They include Wayne Golliday, Lloyd Donaldson, Justin Barrett, Darren Owens, Lindsay Schuler, Tyler Slawski, Antonio Spears and Allan Thompson.

“It’s the same coaching staff from last year. This is what Waite has needed — you know what I’m saying? They had three coaches over the last four years before I got here, and that is what we’re trying to eliminate. We want consistency and coaches who want to be here. That is what we are trying to build on. And, most of my coaching staff are Waite grads,” Peacock said.

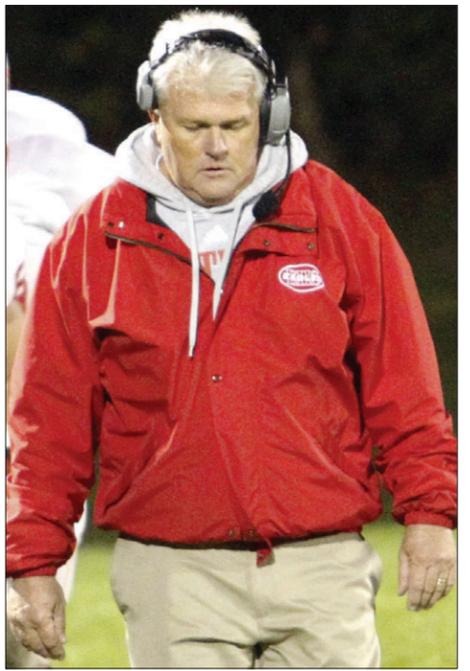
Speaking of consistency, 36th-year Northwood coach Ken James says more

teams are playing the spread, which is changing the game even at the high school level. However, James does not believe that is always the answer.

“The spread is good now if you can run and throw, which creates huge issues for people, but if you are one-dimensional, it’s easier to deal with,” James said. “The spread got real popular and it turned into a scoring machine for a while, and then defenses caught up and there are zone blitzes and all sorts of goofy stunts. Defenses are showing one coverage and running something different and all of that, so now the offenses have to catch back up.

“The thing that has become different to me is that teams are a lot more physical up front. So when those teams run into a team that can run the ball, for example, they have trouble stopping them. You see a lot more games where it is 54-50 at the end of the game, which is cool for the fans. Our goal is to score 21 points a game — on offense that is our minimum goal. Our lowest output last year was 36. It is just the way it is.”

(Press file photo of Jerry Rutherford by Lee Welch/FamilyPhotoGroup.com)



Jerry Rutherford




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Ava Ayers. (File photo by LifeTouch courtesy Lake Schools)

Enright, Ayers lead Flyers

By J. Patrick Eaken
Press Sports Editor
sports@presspublications.com

Last year, Lake's Alan Miller Jewelers All-Press and Northern Buckeye Conference Goalkeeper of the Year Brigid Enright said that she won't give up until the Flyers win a championship.

She and coach Don Jablonski know that to do that, the Flyers are going to have to go through defending league champion Eastwood and runner-up Woodmore, which both return plenty of top-tiered talent.

Jablonski says his players have to get used to playing against the best because "the NBC always presents great competition." All three teams were junior-heavy last year and are expecting big things this year. Across the board in Northwest Ohio, this year's senior class of girls soccer players could be the best the region has ever seen.

Last year in the NBC, Lake was in contention, defeating Eastwood 1-0 on the final league game of the season on a goal by Ava Ayers and shutout by Enright. But they lost to Woodmore three times (2-0, 2-1, and 3-1 in a D-III district semifinal) and just couldn't get over the top. This year, the Flyers open the season with a 5 p.m. matchup against the Wildcats on Wednesday, August 25 at Lake Community Stadium.

Last year's team had only two seniors on the roster, but still finished 13-5-1 with the other two losses coming to Eastwood and Liberty-Benton.

Jablonski has 14 letter winners returning, and he believes Enright has every right to believe that the Flyers can be in the mix.

Enright finished the 2020 season with 73 saves and led Lake to 10 shutouts. Jablonski says she is great at protecting the 18-yard deep goalkeeper's box and she is a big reason why Lake scored 70 goals and only gave up 20.

"We are expecting great things from returning senior Brigid Enright," Jablonski said. "She has great hands and great control when it comes to 'the 18.' Brigid was a huge key player for us last year and we expect her to return this year working harder and stronger."

"Brigid is a phenomenal goalkeeper and made 12 great saves to keep the shutout against us at the end of the regular season (against Eastwood). She was very deserving of her NBC Player of The Year award."

Ayers (17 goals, 10 assists), a senior forward, was first team All-NBC, All-Press and an all-district selection as a junior and she will head up the offense. Jablonski says

Ayers has a shot at breaking the school career scoring record of 77 goals set by Shelby Antonacci from 2009-12. She already owns the school record for goals in a game (5), which was set in 2018, and season goals (30), set in 2019.

Ayers' biggest game last year was a hat trick, scoring all of the game's three goals in a 3-0 win over Liberty Center. Overall, her goals fell in part because defenses focused on her, but that opens up opportunities for her teammates to score.

"Returning senior Ava Ayers is a player who will continually be man-marked by teams. Her speed is a huge asset to our team," Jablonski said. "She is one of the fastest girls in the state and is constantly working to improve her game."

"Kara Likes (seven goals, two assists) and Haden Schroyer (three goals, four assists), returning letterman, are also key players on the front line."

The front line typically does not score unless the midfielders are able to control the middle of the field. Jablonski has that covered, too.

"Kelsie Gladiuex (seven goals, two assists) and (twin sisters) Emily Darr (two goals, two assists), and Lindsey Darr (two goals), returning letterman, will help to control the midfield. These girls have great chemistry and we are expecting some big things from them this year," Jablonski said.

Head to the back end of the field and you will find more returnees ready to help Enright protect "the 18."

"Returning letterman and defenders, Jenae Fisher, Jillian Gladiuex, and Hailey Gobble will be at the forefront of our defense," Jablonski said. "The three girls worked very hard last year and the chemistry they have made over the years has been incredible. We expect them to continue improving on their chemistry and the way they read the game, while incorporating a new defender to replace graduating seniors from the 2020 team."

There are other players new to the varsity team or they are finding themselves in new roles.

"Marena Taylor has stepped into a new role this year and will be a huge asset in her new role. She has been working hard all summer to learn a position she hasn't always been familiar with. We expect her to continue to improve throughout the year and be a key playmaker," Jablonski said.

"Audrey Snowdry, freshman, will be a key player for us on the attacking line. She is an incredibly hard worker who is working to learn our style of play. She fits right in with our returning forwards and has great chemistry with them."

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Thursday Bowlerettes Womens trio	6:30pm	Aug. 26
Saturday Youth Trio Sanction, coaching	10:00am	Sept. 11
Saturday 6:00pm K and A 2 male, 2 female	Sept. 18	
Saturday 6:00pm Memorial League 4 person team (at least one male, 1 female)	Sept. 11	
Sunday 6:30pm Ma-Pa 4 person team	Sept. 12	
Sunday 6:00pm Church (family) 4 person team	Sept. 19	



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Waite, Clay returnees have proven they can perform

By J. Patrick Eaken
Press Sports Editor
sports@presspublications.com

Clay girls tennis returns three letter winners after finishing 10-6 overall and 4-3 in the TRAC last year.

Returning are first and second singles players Kinsley Jahns and Allie LaPlante. Jahns won a sectional championship and earned honorable mention All-TRAC and all-district honors last year. Coach Walt Ralph says others have shown improvement and he believes they will make an impact.

“Ella Orr has worked really hard to put herself in the mix for a singles position. Rebekah Kolinski should provide some stability as a doubles player,” Ralph said. “Grace Fortier worked hard in the off-season to prepare herself as an incoming freshman.”

The Eagles are 3-3, defeating Springfield 4-1, Oak Harbor 5-0, and Maumee Valley 5-0, but losing to Ottawa Hills 4-1 and they were shut out 5-0 by Sylvania Northview and Perrysburg.

In the win over the Rockets Wednesday, every match came in straight sets. Jahns defeated Kaitlyn Strouse 6-0, 6-1 in first singles, LaPlante downed Ashley Schiller 6-0, 6-2 in second singles and Orr defeated Colleen Warner 6-1, 6-1 in third singles. In first doubles, Rebekah Kolinski and Grace Fortier defeated Emma Hand and Jessa Bolander 7-5, 7-6 and in second doubles, Vanessa Horvath and Danica Canterbury downed Hailey Frondorf and Addison Auer, 6-3, 7-5.

Ralph is hoping once his team reaches league play, the early non-league experience will pay off.

“We are young. We will work hard to improve upon our fourth place finish from last year,” Ralph said. “It is a good group of girls who are eager to learn and work hard. We should be able to be quick learners and a supportive team. We are fairly inexperienced at the doubles positions. We will need strong leadership from our singles positions while our doubles players learn and grow.”

Ralph is in his 49th season at the helm, covering boys and girls tennis over 25 years. He has been a head prep tennis coach nowhere else.

Seeking City championship

Waite girls tennis returns five letter winners from a team that just played five matches last year because of the pandemic, going 2-3 in the Toledo City League.

Waite fourth-year coach Justin Carmack believes this year his team has a shot at the conference championship.

“Our top three singles players have all improved as they have been working super hard this season to improve upon their success from last year. They tasted victory last year and want to make a run at the City League title,” Carmack said. “I feel like the competition in the City League is very challenging. I feel like we can compete with any of the other teams.”

“Considering I return my top five players and return eight players all total I am expecting big things this year in the City,” Carmack said. “Our first two City League matches are against defending champions Start and then Bowsher so we will find out real quick where we are in relation to the rest of the City League teams. Start and Bowsher have been the team in my years that have won the titles.”

Returning are all three singles players



Clay singles player Allie LaPlante. (Photo by Laura Bolander)

— senior Jordin Richardson at first singles, sophomore Veronica “Roni” Coffman at second singles, and sophomore Arianna Dunnegan at third singles. Seniors Kila Rison and Adriana Pozo return at first doubles.

This will be Richardson’s third year competing at first singles for Waite, and she has been awarded honorable mention All-City honors her first three years. Coffman was also HM All-City last year.

“Richardson has been my top player for the past 3 years and each year she has matured and her game has developed,” said Carmack. “With being the ‘top dawg’ comes the challenge of playing the other team’s best player and Jordin has done a beautiful job each year improving and competing at the highest level with some of the best girls in the area.”

“Coffman and Dunnegan have been a

very pleasant surprise in only their second year of competitive tennis. They had never played a competitive match until last fall and as the year went on both their skill sets and maturity on the court grew and they finished the season playing unbelievably. All three girls have been going to open courts throughout the off season and we have high expectations for them as we enter the season.”

Carmack has newcomers he is also expecting to contribute.

“Freshman Ilianah Moctezuma-Vargas

has been at all of my open courts since the school year has ended and she has shown massive growth and should be a valuable asset to the team this fall,” Carmack said.

The Waite coach believes there is something special going on with this year’s squad, too.

“Strengths are that we are a very close team and they truly get along with each other,” Carmack said. “My seniors ‘adopt’ the underclassmen and they build connections with each other that goes beyond the tennis courts.”

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Oak Harbor girls tennis after success at the Jack Wallington Doubles Invitational — Allison Clark, Jessa Bolander, Emma Hand, Ashley Schiller, Kaitlyn Strouse, Abby John, Peyton Sautter and Addison Auer. (Photo by Laura Bolander)



Oak Harbor junior Emma Hand on the serve. (Photo by Laura Bolander)

Glass City 200 set for Toledo track

Central Transport will return as the title sponsor of the 33rd running of the Glass City 200 at Toledo Speedway.

The prestigious race is set for Saturday, September 18 at the fast half-mile paved oval. Tickets will be available online at www.toledospeedway.com or by calling the track at 419-727-1100. All seating is general admission for the event. Add \$1 per ticket for online purchases.

A pair of 100 lap contests are on the slate for the annual event, as the ARCA/CRA Super Series Powered by Jeg's stock-bodied Late Models and the Outlaw-bodied Super Late Models hit the track in separate 100 lap feature races. CRA's Junior Late Models, featuring tomorrow's rising stars in full-bodied cars, will also be in action, with the Toledo event serving as their Season Championship.

Spectator gates open will open at 1 p.m. Race time is set for 5 p.m. The complete time schedule for the day will be announced soon.

Current NASCAR Truck Series driver Carson Hocevar (ARCA/CRA Super Series Late Models) and Steve Needles (Outlaw Super Late Models) are the defending race winners of the Glass City 200.

Oak Harbor doubles teams off to fast start

By J. Patrick Eaken
Press Sports Editor
sports@presspublications.com

In the Jack Wallington Doubles Invitational at Springfield, Oak Harbor had two championship teams.

The first doubles team of senior Kaitlyn Strouse and junior Ashley Schiller and second doubles team of juniors Emma Hand and Jessa Bolander won their respective brackets. As a team, Oak Harbor finished third behind Notre Dame and St. Ursula.

Other Rockets contributing were juniors Allison Clark, Abby John and freshmen Peyton Sautter and Addison Auer.

Placing behind two Division I programs out of the Three Rivers Athletic Conference demonstrates the potential of Oak Harbor's team this year.

Oak Harbor coach Rick LaFountain has 13 players, but besides the early season success, he says he is "still hoping to see continued improvement out of all of the girls."

You would think this would be a season where the Rockets would struggle because they graduated eight of their nine letter winners from last season, where the team finished 11-9 overall and 6-8 in the Sandusky Bay Conference.

The lone letter winner returning is Schiller, a junior, who was 5-6 last year at third singles. But his players have been working on their game during the off-season.

"I have a few girls who came out to summer tennis and are excited to make an impact on the varsity lineup," LaFountain said.

So far, the Rockets are 2-2 overall and 1-0 in the SBC, getting a 3-2 win over Edison by winning third singles and both doubles matches, but losing at Clay in a non-league match, 5-0, on Wednesday.

Against the Chargers, Schiller, in a three-hour match, won third singles by defeating Emily Moore, 6-3, 6-7, 6-3. The first doubles team of Hand and Bolander defeated McKenna Schaffer and Rianna Dingle,

6-2, 6-3, and the second doubles team of Hailey Frondorf and Auer defeated Keirra Keoghan and Ally Gardner 7-5, 6-4. In first singles, Strouse fell to Alli Vogus 6-0, 6-0 and Colleen Warner fell to Torri Keyser, 6-0, 6-0.

The other win came at Wauseon, where the Rockets also prevailed 3-2, winning second singles and both doubles matches.

Warner defeated Emah Starkweather 4-6, 6-2, 6-1 in second singles, Hand and Bolander downed Briana Hays and Emily Holcomb 6-3, 6-2 and Frondorf-Auer defeated Cassidy Zientek and Kacy Burt 6-4, 7-5. Strouse fell to Tatum Bowers 6-2, 6-3 at first singles and Joscelyn Rollheiser fell to Kelsey Bowers 6-0, 6-0 at third singles.

This is LaFountain's 54th season coaching tennis over 30 years and he got his 500th career coaching win last spring with the Oak Harbor boys team. That includes two stints at Oak Harbor (36 seasons), one stint at Fremont Ross (17 seasons) and one season at Fremont St. Joseph coaching boys and girls tennis each fall and spring.

School bus races

On August 13, the R & M Recycling School Bus Figure 8 race highlighted the Friday night action and entertainment at Toledo Speedway.

Despite a flooding downpour at 5 p.m., the rain stopped after about 30 minutes, the sun peaked out and the track drying process began. Four-time NASCAR Cup Series winner and Toledo fan favorite Ken Schrader took part in the bus wars, with the win going to Dennis Whisman Jr. Ron Allen, Craig Osenbaugh and Whisman Jr. took the stock car main events. A good crowd turned out despite the weather issues, which pushed the start time back 30 minutes.

It was last man standing in the School Bus Figure 8 contest. Plenty of fender crunches from hits all around the track whittled the field down, with Whisman Jr. chasing Eugene Worden for the win. With two laps to go, Worden slammed into Whisman while leading, breaking the steering on his bus. Whisman Jr. motored on to take the win over Worden, Schrader, Jack Franzil, Dave Lambert, Sam Mills and Stephanie Bradley.

A great four-car battle ensued up front in the 25-lap ARCA R & M Recycling Late Model Sportsman feature. Howard Kelley Jr. took the lead at the green, and had company from Ron Allen, Greg Stilwell and Mike Young, Grant Hedges and Kenny Sharp following in tight formation. Allen looked high, looked low and got to Kelley's door going down the back chute at lap 12. Howard shut the door and Allen tucked in on the leader's bumper.

With two to go, Allen snuck low on Kelley in the same spot on the track and took the point. Kelley and Stilwell tangled at the finish line on that lap, sending the No. 11 of Kelley spinning down the front straight and bringing out the yellow. Neither driver could agree on the call, sending both cars to the tail. Allen took off on the restart and zipped to the win.

Genoa's Corey Welsh playing soccer at Lourdes

As Lourdes University's men's soccer team returns to the pitch this fall for the 2021 season, the Gray Wolves will look to build upon the best season in program history.

Joining the team this year is sophomore defender Corey Welsh (Genoa), who transferred from Lake Erie College in Painesville, Ohio.

Welsh was a four-year letter winner for the Comets and a first team All-Northern Buckeye Conference honoree who also lettered in wrestling. Corey is the son of Heath and Julie Welsh and is majoring in exercise science at Lourdes.

Despite an unconventional 2020 cam-

paign that carried into the spring of 2021, Lourdes won a school record nine matches last season on the way to a 9-8-1 overall record and a 6-4-1 mark in the Wolverine-Hoosier Athletic Conference. The Gray Wolves finished in fourth place in the league ledger, the highest finish in program history, and hosted a WHAC tournament match for the first time.

Head coach Matt Johnson returns 31 players to the program from last year while adding several talented newcomers in building a roster of 39 student-athletes for the 2021 season.

The 2021 season opened on Aug. 21 at Olivet Nazarene, the first of five consecu-

tive road matches to start the year for the Gray Wolves. The home opener is set for Sept. 11 against Point Park with Wolverine-Hoosier Athletic Conference play commencing on Sept. 25 at Siena Heights.

The Lourdes University men's soccer team was selected to finish in fifth place in the Wolverine-Hoosier Athletic Conference in 2021, according to the preseason poll conducted of the league's head coaches.

The Gray Wolves tallied 89 points, three more than sixth place Lawrence Tech, in the balloting of the 12 coaches. Indiana Tech was the unanimous selection to win the league title, garnering all 12 first place votes.



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Gibsonburg's Nate Dussel celebrates with a couple beers in victory lane after taking the lead from Gibsonburg's Stuart Brubaker and rolling on to win the AFCS 410 Sprints feature at Fremont Speedway. (Photo by Rick Sherer)

Dussel wins another thriller

By Todd Tappel
and Brian Liskai
Liskai2x@roadrunner.com

For the second week in a row, Gibsonburg's Nate Dussel was passed for the lead in the middle of the 410 sprint feature but his perseverance allowed him to make a race-winning pass late in the feature on Industrial Resourcing Group Night.

This time, Dussel passed Cale Conley as the pair took the white flag to win the Ti22 FAST event. In the MPD BOSS non-wing main, Fenton Michigan's Steve Irwin took the lead on a lap 14 restart and eventually ran unchallenged for his first ever Fremont Speedway win. In the 305 sprints, Paul Weaver passed Dustin Stroup with four laps remaining to claim his fifth win of the season. Jamie Miller took the lead on lap six of the Dirt Truck feature and scored his third win on the year.

For Dussel, the track's 2020 Fort Ball Pizza Palace 410 Sprint champion it was his third victory of the season and the 28th of his career at "The Track That Action Built. Weaver earned his 64th career win at Fremont, putting him just one behind Shawn Valenti for second on the track's all time win list with 64 victories. Miller now has 26 career wins at Fremont.

Troy Vaccaro and Nate Dussel brought the FAST on Dirt feature to the green flag. Dussel jumped to the early lead with Cole Macedo taking the runner-up spot on lap three. Macedo would then suffer mechanical issues, bringing out the caution. Fourth-starter Cale Conley would pass Vaccaro for second and run down Dussel for the lead.

D.J. Foos would take the third spot from Vaccaro and seventh starting Lee Jacobs followed suit to take fourth. In the closing laps, Dussel reeled Conley back in before making the winning pass. Conley would take the runner-up position over Lee Jacobs, 13th-starting Trey Jacobs, and Foos.

The previous Saturday, Dussel led midway through the 410 A feature at Fremont Speedway, lost the lead to Cole Duncan but fought back to take the lead with four laps to go and drove to his second win of the season on All Pro Aluminum Cylinder Heads Night.

Gibsonburg racer Stuart Brubaker took the early lead but Dussel stayed within striking distance and when the leaders raced into heavy lapped traffic by lap 13

Dussel pounced to take the top spot. Ohio Sprint Speedweek Fremont winner Cole Duncan drove around Dussel into the lead on lap 17 and appeared to be headed for the win. Following a caution with nine laps to go, Dussel began using the bottom side of the track to close on Duncan and drove under the lead to take the top spot back with four laps to go. Dussel pulled away for his 27th career Fremont win worth \$4,000 thanks to Spanky's Pizza of Carey, Ohio.

"When I got passed by him (Duncan) I thought well that's pretty much done. When it comes to a slick track at Fremont Cole Duncan is about as unbeatable as it comes. We got a little bit of a run there two or three laps and I gained on him a couple of laps when I found the bottom and I thought, 'Well, shoot, the only chance I've got is hoping he doesn't find the bottom.' And I started nailing that. I can't tell you how rewarding that is because we've just been terrible all year. I can't find any consistency and it beats you up as a driver and a team. It's what we've needed," said Dussel.

Back to last Saturday, Carmen Perigo led Steven Irwin for the first 13 laps of the BOSS non-wing sprint feature before Irwin made his winning pass. Mike Miller and Matt Westfall ran third and fourth nearly the entire race. Jesse Vermilion had a steady charge through the field to finish fifth, after starting 12th.

Lindsey racer Steve Rando led the opening laps of the Fremont Federal Credit Union 305 sprint feature before being passed by front row mate Dustin Stroup. Paul Weaver would supplant Rando for second and would take the lead on lap 15, but a caution would negate his pass. It would take Weaver six more laps to find a line around Stroup for the win. Stroup held onto second over Jamie Miller, Rando, and 11th starting Tyler Shullick.

Three drivers took their turn at the front of the Dirt Truck feature. Cody Truman would lead the opening lap before RJ Cornett took control for the next handful of laps. Jamie Miller would then take the lead after starting 8th. The battle behind Miller was often three wide before Cory McCaughey, Jim Holcomb, Brad Stuckey, and Keith Sorg settled into the remaining top five positions.

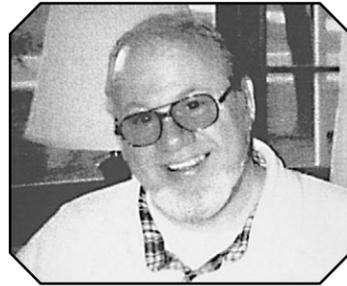
Fremont Speedway will be back in action Tuesday, Aug. 24 to help kick off the Sandusky County Fair, with the NAPA of Bryan 305 Attica Fremont Championship Series in action.

“Well, shoot, the only chance I’ve got is hoping he doesn’t find the bottom.” And I started nailing that.



Transitions Deadline is Wednesdays at Noon. Call 419-836-2221 or email classified@presspublications.com

HAPPY 80th BIRTHDAY!
Don Terrance Postlewaite
August 23, 2021



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August 26th



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Celebration of Life



Forever in our hearts

Please join us as we celebrate the life of Betty L. (Gossard, Shaw) Christiansen
(Aug. 22, 1932 - Dec. 10, 2020) and **Dale T. Christiansen**
(Dec. 2, 1938 - July 10, 2020)
Both of Walbridge, Ohio

We will be gathering to share some of our favorite memories, our stories, to laugh, to cry and remember Betty (Mom.) and Dale who will be greatly missed. Their final wishes were that a memorial service be held when their ashes are buried together.

Per Betty's wishes "on a warm sunny day".
Services will be held: Friday, September 3rd at 10:30 am at Lake Twp. Cemetery 3550 Walbridge Rd.

Detail of the fellowship will be announced at the service.

Happy 16th Birthday



ADAM & AUTUMN

August 26th

Love, Mom, Dad & Austin



Lake long time baseball coach Greg Wilker retiring

After coaching baseball 37 years at Lake, Greg Wilker is stepping down, but he will continue on as an assistant varsity football coach.

Wilker's career record stands at 644-351 and he is the 15th winningest baseball coach in Ohio High School Athletic Association history. Wilker was inducted into the Ohio High School Baseball Coaches Association Hall of Fame in January, 2016.

Under Wilker, the Flyers have won 11 league championships, 22 sectional titles, six district titles and one regional title. His 2001 team lost to Youngstown Ursuline, 6-1, in the Division III state semifinals.

Wilker taught business at Lake for 35 years before retiring in 2018, and he's coached the offensive and defensive lines for the football team for 34 years.

"The big thing about kids is, as long as you show you care about them, kids are kids," Wilker told The Press. "They know my entire staff cares about them, not just about wins and losses. They want them to become better young men."

Wilker ended his baseball coaching career with a bang, too. Last spring the Flyers (23-6 overall, 13-1 NBC) stole 119 bases and only got thrown out nine times on their way to winning a Northern Buckeye Conference championship. Wilker said it was a team that surprised even him.

"Early on I thought it was going to be a year when if you were 10-4 or 11-3 it might get you a share of the title," Wilker said. "We played well in the league and the big thing is we finished strong. Before we lost to Archbold (tournament), we had won 10 in a row at that point." (*— includes file copy from a feature written by Press contributing sportswriter Mark Griffin.*)

Marcus Vela returns

The Toledo Walleye have signed two forwards, former Fort Wayne Komet J.C. Campagna and Walleye returnee Marcus Vela.

Campagna, a native of Dallas, Texas, has appeared in 171 career ECHL games over five seasons, collecting 123 points (65G, 58A) and 127 penalty minutes.

His best season came with the Fort



Greg Wilker

Wayne Komets in the 2018-19 campaign that featured a career-high 35 goals to go along with 14 assists. Prior to playing in just four games this past year, the 6'4", 205-pound forward spent the 2019-2020 season in Norfolk with 13 goals and 15 assists spanning 43 contests.

"J.C. has proven he can score in the ECHL. He will add some offensive punch to our lineup and some size. He knows our

league, knows how to navigate the Central Division, so adding that experience was valuable. I'm looking forward to seeing him compete in training camp," said Walleye coach Dan Watson said.

Prior to turning professional, the 28-year-old spent three years in the Canadian College ranks between St. Thomas University and the University of Prince Edward Island. In total, Campagna appeared in 84 games with 29 goals and 26 assists.

His college career came after spending five years playing junior hockey in the Ontario Hockey League and Quebec Major Junior Hockey League. His best year came in the 2013-2014 year with Moncton with 45 points (21G, 24A) in just 47 contests. He is familiar with Ohio, having played 56 games for the Ohio Blue Jackets 16U AAA team in the 2008-2009 season (22G, 34A).

Vela skated for the Walleye during the 2019-20 campaign, appearing in 49 games with 25 points (12G, 13A) and 31 penalty minutes. That included his first professional hat trick, which he collected on November 30, 2019 at Reading.

The 24-year-old played for Florida this past year, appearing in 29 contests with five goals, four assists and 27 penalty minutes. The former seventh round draft choice of the San Jose Sharks in 2015 helped the Everblades finish the regular season with the league's best record.

When asked about signing Vela, Watson said, "Marcus brings versatility to our team. He has the ability to play up and down the lineup, both center and wing as well. Marcus adds value off the ice with his preparation and willingness to get better each day. He gained valuable experience playing last season in Florida and we look forward to working with him again."

Prior to turning professional, Vela spent four years at the University of New Hampshire where he was team captain in the 2018-19 season. In total, the Burnaby, BC native skated in 135 games for the Wildcats with 24 goals, 34 assists, 58 points and 112 penalty minutes. He set a college-best with 18 points (6G, 12A) as a senior in the 2018-19 season.

Walleye, Wings extend affiliation

The Toledo Walleye, affiliate of the NHL's Detroit Red Wings and the AHL's Grand Rapids Griffins, announced a three-year extension of their affiliation agreement. The 2021-22 season will mark the 12th year of partnership between the clubs and extends the affiliation through at least the 2023-24 season.

"We've had a number of prospects for the Red Wings and Griffins who were able to jumpstart their professional careers in Toledo, and playing in front of a passionate fanbase and an organization committed to winning has been crucial in their development. Both the hockey and business staffs are among the best in all of minor-league sports and make the Walleye an ideal partner for our organization. We're looking forward to seeing Toledo return to the ice this fall to continue their quest for a Kelly Cup Championship," said Red Wings assistant general manager Ryan Martin.

The Walleye have served as the ECHL's affiliate to the Red Wings since 2009 when Toledo re-entered the league. From that time, the Walleye have played in one Kelly Cup Finals (2019), captured four division championships and two regular season titles (2014-15, 2016-17), and have qualified for ECHL's postseason in seven seasons. Detroit was previously affiliated with the ECHL's Toledo Storm from 1991-99 and 2000-07. The Storm won ECHL Championships in 1993 and 1994 and captured six division titles over their 16-season history.

"The partnership between the Walleye and Detroit and Grand Rapids is one that we look forward to continuing," "The history of Red Wings hockey is unparalleled and we are excited to be a part of the future. We are humbled to be able to extend this partnership between our organizations for another three years. It's a testament to the dedication of the Walleye coaching, support staff, and front office, as well as the great fanbase in Toledo. We look forward to continuing our pursuit of the Kelly Cup and helping develop players for the next level." said Walleye executive vice president and general manager Neil Neukam.

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Bulletin Board

Bulletin Board policy

As a service to our community, The Press publishes Bulletin Board items at no cost, as space permits. In light of the coronavirus pandemic, please verify events have not been canceled or rescheduled. There is no guarantee that items submitted will be published. To ensure publication of events/news items, please speak to one of our advertising representatives at 419-836-2221. A complete listing of events is available at www.presspublications.com.

Toledo

Birmingham Area Neighbors Helping Neighbors meets the fourth Wednesday of every month at 7 p.m., VFW 4906, 2161 Consaul. Everyone welcome.

East Toledo/Oregon Kiwanis have resumed face-to-face meetings. The Kiwanis meet the second and fourth Mondays of the month at noon at American Family Table in Oregon. Everyone welcome.

God's Instruments Food Pantry is open the 1st and 3rd Saturdays of the month, 10 a.m.-noon, 1705 Tracy St. between Oakdale Street and Andrus Road. ID and proof of residence required. Masks required. Open to residents of Toledo, Northwood and Rossford.

Waite High School Class of 1951 meets the 2nd Mon. of every month. For info, call Betty at 419-691-7944 or Fran at 419-693-6060.

Waite High School Class of 1955 meets the 2nd Tues. of each month. For more info, contact Ned at 419-893-4336.

Prostate Cancer Support Group meets the 4th Mon. of each month at 6:30 p.m. in the 3rd floor Cancer Center Library at Mercy Health – St. Anne Hospital. For info, call Roger at 419-346-2753 or Ernie at 419-344-9830.

Oregon

Christ UMC Chicken BBQ, Sept. 26, 11:30 a.m.-2 p.m. or until sold out. Pre-sale tickets available at the church, 5757 Starr Ext.

Oregon Jerusalem Historical Society Book Sale continues at the Harbor View Historical Society, located at 2083 Autokey St., just outside of the Harbor View Yacht Club. Antique books and an extensive collection about the Civil War sold by the pound. Call 419-691-1517 for info or visit the Harbor View Museum on Wednesdays, 5-9 p.m. Admission is free.

Rollin' Food & Farmers Market, Sept. 1 and Oct. 6, 5-8 p.m., 2973 Dustin Rd. between Isaac Streets and Harbor drives. Free admission. Food trucks, vendors and more.

Oregon Jerusalem Historical Society is taking reservations for the Fall Tea featuring Mr. Rogers, of Mr. Rogers' Neighborhood, which will be held Sept. 9 and 14 at noon. Call Betty Metz at 419-346-8979 for more details and to make a reservation.

Great Eastern Toastmasters Club is meeting in person on the 1st and 3rd Tuesdays of each month at 6:30 p.m. at ProMedica Bay Park Hospital. The meeting room is located in the basement behind the cafeteria. The club provides a supportive environment for those looking to enhance self-confidence by improving speaking, listening and/or leadership skills. Guests welcome. Contact Allen at 419-698-3733 or Julie at 419-343-5569 or visit D28toastmasters.org.

Oregon Democratic Club meets the first Thurs. of the month at 8 pm. The club normally meets at Firehouse #1 at the corner of Wynn and Seaman roads, however due to COVID restrictions, meetings are held via conference call/Zoom. Visit www.oregondemocraticclub.org for meeting information and details.

Euchre, Sundays at 2 p.m., VFW 9816, 1802 Ashcroft.

East Toledo/Oregon Kiwanis have resumed face-to-face meetings. The Kiwanis meet the second and fourth Mondays of the month at noon at American Family Table in Oregon. Everyone welcome.

Oregon Senior Center is available for transportation, grab-and-go meals and essential services. Call 419-698-7078 for more details.

Oregon Fire & Rescue Museum is located at 4350 Navarre Ave. For private tours, contact Mike Snyder at 419-297-2383.

Food for Thought Food Pantry at St. Paul's Episcopal Church, Coy Road and Navarre Avenue, is open the 2nd Tuesday of the month from 3-5 p.m.

Ashland Church Food Pantry, 2350 Starr Ave., open the last Saturday of the month for drive-thru from 12-1:30 p.m. ID required.

Celebrate Recovery, a 12-step, Christian-based recovery program to help anyone overcome addictions, anxiety, depression, grief, and co-dependency, meets Wed. from 6:30-8:30 p.m. at Intersection Church (formerly Heritage Christian Church), 1640 S. Coy Rd. Everyone welcome; free. Call 419-389-3299 for info.

Christ Dunberger American Legion Post 537 hall at 4925 Pickle Rd. is available for rentals and accommodates up to 145 people. Call 419-704-5381 for details.

Hispanic Language Pro-life Prayer Group meets Tuesday evenings at 7 p.m. at Our Lady of Toledo Shrine, 655 S. Coy Rd. Call 419-697-7742 or 419-213-0214.

Northwood

Northwood Neighborhood Block Watch meets the third Wednesday of the month at 6:30 p.m. behind the fire station at 2100 Tracy Rd., weather permitting. Come welcome them and bring any questions or concerns to discuss. Check the Block Watch Facebook page for updates.

City of Northwood Food Truck & Farmer's Market Fridays, 1st Friday of the Month through October 4-7 p.m. at Central Park (behind the Municipal Building).

Northwood VFW Serving Lunch every Wednesday. Serving burgers, nachos, soup and

more. Dine in or carry out. Kitchen open 11 a.m.-8 p.m.

God's Instruments Food Pantry is open the 1st and 3rd Saturdays of the month, 10 a.m.-noon, 1705 Tracy St. between Oakdale Street and Andrus Road. ID and proof of residence required. Masks required. Open to residents of Toledo, Northwood and Rossford.

Men's Prayer Breakfast, every 3rd Sat. each month at 9 a.m. at Northwood Church of God, Coy and Curtice roads. For info, call 419-693-0260.

Jerusalem Twp.

The Jerusalem Township Board of Trustees meets the 2nd and 4th Tues. of the month at 7 p.m. in the Township Chambers at 9501 Jerusalem Rd. The public is welcome to attend the meetings. Meeting dates are available on the Jerusalem Township website at twp.jerusalem.oh.us/trustees/.

Jerusalem Twp. Food Pantry, open 2nd Wed. of every month, 9-11 a.m. at the township hall, 9501 Jerusalem Rd.

Curtice

Drive Thru Rib Dinner, Curtice Community Club Fundraiser, Sept. 26, 11 a.m., Croghan Bank, 7182 N. Lucas St. Dinner includes 1/4 slab (3-4 ribs), baked potato, sour cream, butter, baked beans, dinner roll and cookie.

Elmore

Harris-Elmore Library is open to the public. Facial coverings are encouraged within the library but are not required. Meeting rooms and public areas are open. Curbside service still available. Call 419-855-3380 or visit www.harriselmorelibrary.org for details.

Genoa

Genoa Branch Library is open to the public. Facial coverings are encouraged within the library but are not required. Meeting rooms and public areas are open. Curbside service still available. The Summer Reading Program is under way. Call 419-855-3380 or visit www.harriselmorelibrary.org for details.

Genoa American Legion Hall, 302 West St., is available for rental for events and parties of up to 100 people. Full kitchen and ample parking available. Call Tom Chalfin at 419-460-3265 for more info.

Al-Anon Family Group, Genoa Giving and Getting, meets Mondays at 8 p.m. Genoa Christian Church, 415 Main St.

Genoa Community Food Pantry is open the 3rd Sat. each month 10-11:30 a.m. at Christ Community Church, 303 W. 4th St. Serving Genoa School District residents. ID and billing address within the district required. For more info, call 419-341-0913.

Trinity Thrift Shop, 105 4th St., Friday 9:30 a.m.-4 p.m. and Saturday 9:30 a.m.-1 p.m. Clothes and small household items available at reasonable prices. Proceeds benefit mission projects.

Gibsonburg

Gibsonburg Branch Library offers a number of programs, including Preschool Storytime, Aug. 26 at 11 a.m. in person; Gibsonburg Adult Book Chat, Aug. 30, 7 p.m. – A discussion of "The Book Woman of Troublesome Creek," by Kim Richardson (choose in person or virtual by calling 419-637-2173 or request a link by emailing birgib@birchard.lib.oh.us within 24 hours of the program). All programs are free, but some require registration at www.birchard.org.

Graytown

Zion UMC, 18045 W. William St., Elliston-Trowbridge Rd. – LIGHT pantry open to residents of Ottawa County who struggle with food or financial insecurity the 2nd Wed. each month from 5-7 p.m.

Luckey

Luckey Food Pantry is open the last Wednesday of each month from 1-3 p.m. and the last Thursday each month from 6-8 p.m. at 247 Oak St. in the former Loft Youth Center (behind the post office). Open to families residing in the Eastwood School District.

Martin

Our Lady of Mt. Carmel Bonofest, Sept. 5, 11 a.m.-3 p.m., 1105 Elliston Rd., just off SR 2, Bono. Half-chicken dinner available by drive-thru only. \$12. Get tickets in advance at Bench's SR 2, Blackberry Corners and Jack's Superette. Call 419-836-7681 for info.

Oak Harbor

Perch Fish Fry, Aug. 27, 4-7:30 p.m. or until sold out, Oak Harbor American Legion Post 114, 221 W. Park St. Dine in with COVID-19 precautions in place or carry out.

Oak Harbor Public Library, 147 W. Main St., programs include: For Families: Storytime for preschoolers, Wednesdays, 11:30 a.m.; Picture Frame Craft, Aug. 23, 2 p.m. (supplies provided). For Adults: Watercolor Wednesday, Wednesdays, 12:30-4:30 p.m.; Knitters' Group, Thursdays, 9:30 a.m.-noon (bring your own supplies); Evening Book Club, Aug. 24, 6 p.m. – Discuss "The Kitchen House," by Kathleen Grissom. Contactless pickup still available. The Local History & Museum Center is open Thursdays, 9:30 a.m.-2 p.m. Call 419-898-7001 for info.

Oak Harbor Alliance Chapel Food Pantry, 11805 SR 105, is open every Wednesday from 2-6 p.m.

Offering groceries, free clothes for all ages. The Friendship Circle meets for coffee and desserts every Wednesday at 4 p.m. Call or text 419-343-0126 for more info.

Pemberville

Community Food Pantry at Bethlehem Lutheran Church, 220 Cedar St., is open every Tues. from 11 a.m.-2 p.m. and the 2nd and last Sat. of the month from 8-11 a.m. Eastwood School District residents may visit the pantry once monthly. ID and proof of residency required. Info available at Pemberville churches

Stony Ridge

St. John's Lutheran Church's Free Thrift Shop, "Shared Bounty," is open the first Saturday of each month, 10 a.m.-noon.

Stony Ridge Civic Association meets the 3rd Wed. of the month at 6:30 p.m. at the shelter house at Stony Ridge Park. Visit stonyridgepark.com for more details.

Walbridge

Crimson Lights Dance, Aug. 22, 2-5 p.m., VFW Post 9963, 109 N. Main St. Couples and singles welcome. Classic country music, 50/50, open bar and snacks available. \$8 per person.

Walbridge Branch Library, 108 N. Main St., is open to the public for express service Monday, 11 a.m.-7 p.m.; Tuesday-Saturday, 11 a.m.-4 p.m. Curbside pickup: Monday, 9 a.m.-7 p.m., Tuesday-Saturday, 9 a.m.-5 p.m.

Woodville

Woodville Library, 101 E. Main St., programs include: From My Backyard on Facebook Live, Mondays in August, 7 p.m. – Join librarian Rene as she shares life on the farm. Visit www.birchard.lib.oh.us to sign up.

Woodville Food Pantry, 212 Bridge St., is open the last Thurs. of the month 6:30-7:30 p.m. and the last Fri. 8:30-9:30 a.m. Available to all Woodville village and township residents. Applications available at the pantry. Accepting help from the pantry will not affect any other benefits you may be receiving.



The Press Church Worship Guide

Deadline: Thursday 11:00 am

Northwood	Walbridge	Toledo
<p>Calvary Lutheran Ch. 1930 Bradner Rd./Corner of Woodville & Bradner Rds. 419-836-8986 Fellowship Breakfast/Learning: 9:15am Sunday Worship 10:30am <i>Pastor Robert Noble</i></p>	<p>Athens Missionary Baptist Sunday School - 9:45am Church Service - 11:00am Wednesday Night Bible Study - 6:00pm 101 W. Breckam St. Walbridge, Ohio 43465</p>	<p>First St. John Lutheran Church 2471 Seaman St. 691-7222 or 691-9524 Sunday Service: 9:00 am Jerald Rayl, Pastor www.firststjohn.com</p>
<p>Seventh-day Adventist Church 2975 Eastpointe Blvd. NorthwoodAdventist.org Saturday Worship: 11:00am Thursday Bible Study: 7:00pm <i>Welcome to our Church</i></p>	<p>ST. JEROME CATHOLIC CHURCH Weekend Masses Saturday Vigil: 4:30pm Sunday: 8am & 10am 300 Warner St., Walbridge St.JeromeWalbridge.org</p>	<p>Lake Twp. ZION LUTHERAN CHURCH 26535 Pemberville Rd. (between St. Rtes. 795 & 163) Perrysburg, OH (Lake Township) Phone: 419-837-5023 www.zionlatcha.com Sunday Indoor Worship Service @ 9:15 a.m. <i>"God's Work, Our Hands"</i> ELCA</p>
<p>Unity United Methodist 1910 E. Broadway St. 419-693-5170 Parking Lot Service Sunday 11:00 am <i>No matter who you are, you are welcome.</i></p>	<p>Woodville Solomon Lutheran Church and School 305 W. Main St. 419-849-3600 Sunday Worship: 9:00 am Recovery Worship Thurs. 6:30-7:30 pm The Rev. G. Alan Brown, II, Pastor School Open Enrollment Nursery thru 6th Grade</p>	<p>See You in Church! Elmore Trinity Lutheran Church 412 Fremont St. 419-862-3461 Stephen Lutz, Pastor In-Person Worship 8:00am & 10:45am Zoom Simulcast 8:00am In-Person Bible Study 9:30am</p>
<p>Oregon LIVING WORD BAPTIST CHURCH In-person Worship New times Sunday Worship 10:00 am Bible Fellowships 11:15 am Nursery, Patch Club for kids & Generation Teen Group Uplifting, joyful, traditional worship. Pastor Jim McCourt 419-972-2622 at Wynn Center 5224 Bayshore Rd.</p>	<p>Genoa st. john's church Sunday School 9:00am Sunday Worship 10:00am 1213 Washington St. 419-855-3906 www.stjohnsgenoa.org Our Lady of Lourdes Catholic Church 204 Main St., Genoa, OH Masses- Saturday 6:30 pm Sunday 10:30 am 419-855-8501 www.ourladygenoa.org</p>	<p>Grace Evangelical Lutheran Church Rt. 51 at Witty Rd., Just north of Elmore Sunday Worship-10:00am In the parking lot, tune your radio to 94.1 FM Pastor Jaci Tiell 419/862-3630 graceelc@gmail.com www.graceelconline.com Check out our facebook page. Praising. Growing. Serving in Jesus' name.</p>
<p>St. Boniface Catholic Church 215 Church St. Oak Harbor 419-898-1389 Masses - Saturday 4:30 pm Sunday 8:30 am www.sb-oh.org</p>	<p>Trinity United Methodist Main at 4th, Genoa Sunday School 9:30 am Worship 10:30 am Ramp & Elevator Pastor Greg Miller www.genoatrinity.com</p>	<p>See You in Church!</p>

Inspirational Message of the Week:

The nineteenth century British philosopher John Stuart Mill argued persuasively for a variety of social reforms, and especially for state-supported public education, on the grounds that it "is help towards doing without help." That is, education makes people more likely to be able to take care of themselves and live healthy, independent lives. It may be easier to just give people food or money to meet their immediate needs, but in the long run this may only foster a state of dependency, whereas if we take the time to teach the person how to fend for himself, he might fare better in the long run. Give a man a fish and you

feed him for a day but teach him how to fish and you feed him for a lifetime. There are lots of ways in which we can help others to help themselves, whether it is teaching them a skill or trade, or teaching them how to drive or to read. Reading opens doors to a whole world of help, because once you teach someone how to read, it gives them access to the entire fund of human knowledge. We should consider how we might help the people in our community, or even in our own families, to be more independent. For even when we were with you, we gave you this rule: The one who is unwilling to work shall not eat. —2 Thessalonians

Real Estate

Delivered to 41,000 readers in Lucas, Ottawa, Sandusky & Wood Counties

The Press Newspapers reserves the right to reject any advertising material we deem unacceptable. Please check your ad upon first insertion for accuracy. The newspaper will assume responsibility for the first publication only. Compensation will be in the form of ad space or credit, not to exceed original cost of the ad. NO REFUNDS.

Deadline:
Thursdays at 1pm
 (Closed Fridays)
 classified@presspublications.com
 419-836-2221 or
 1-800-300-6158

10 Homes For Sale

TERRY FLORO
 34 YEARS EXPERIENCE
 419-270-9667
 419-855-8466
 terryfloro.com

It's That Time! Wish to Sell? Contact me. #GoWithTheFloro

PLEASED TO PRESENT:
 511 RICE, ELMORE \$115,000
 209 E 1ST, WOODVILLE \$175,000
 11013 DYKE, CURTICE \$317,000
 (LAKE FRONT, PRIVATE BEACH)

PENDING:
 SR 5T LOT, GENOA
 201 E 9TH, GENOA

SOLD
 214 ADAMS, LUCKEY
 11544 W SR 163, OAK HARBOR
 1255 MICHELLE, MILLBURY
 204 COLONY, ROSSFORD
 1137 CARDINAL BAY OREGON
 547 AMES, ELMORE
 6132 BENALEX, TOLEDO
 265 FREMONT, ELMORE
 317 TOLEDO, ELMORE
 5715 ROAN, SYLVANIA
 1434 LALLENDORF, OREGON
 5120 ELLISTON TROWBRIDGE, MARTIN
 24935 YOUNG, MILLBURY
 245 FREMONT ST, ELMORE
 210 NORTHDALE, TOLEDO
 22922 HELLWIG, GENOA
 133 GOODRICH, OREGON
 24719 STONY RIDGE RD, PERRYSBURG

READY TO HANG IT UP? CALL ME!

DANBERRY REALTORS

10 Homes For Sale

***** PUBLISHER'S NOTICE *****

All real estate or rental advertising in this newspaper is subject to the Fair Housing Act. As amended, prohibits discrimination in the sale, rental, and financing of dwellings, and in other housing related transactions, based on race, color, national origin, religion, sex, familial status (including children under the age of 18 living with parents or legal custodians, pregnant women, and people securing custody of children under the age of 18), handicap (disability), or an intention to make any such preference, limitation, specification, or discrimination.

To complain of discrimination call HUD toll-free telephone number 1-800-669-9777, for the hearing impaired is 1-800-927-9275.

Equal Housing Opportunity

Classifieds on Your Time

Place your ad in 3 easy steps:

- 1) go to our website: presspublications.com
- 2) click "Submissions"
- 3) click "Place a classified ad"

Open 24/7!

10 Homes For Sale

SERENITY REALTY

Lana Eckel-Rife
 419-344-9512
 Full-Time REALTOR®

109 E. Main St. Woodville, OH
 Lana.rife@gmail.com
 www.lanarife.com

Multi-Million Dollar Producer

FOR SALE

New Listing!
132 Riverview Dr. Woodville
 Stunning 5 bedroom, 2.5 baths, over 3000 sq. ft., 1st floor master suite, lots of updates!

Buildable Lots

New Listing!
0 Woodpointe Dr. Woodville
 Over 1/4 acre in Woodpointe Subdivision!

0 Aspen Ave. Elmore
 Over 1/4 acre in Eagleview Subdivision!

2365 S. Stephanie Ln. Oak Harbor
 1.25 acre lot to build your dream home!

COMMERCIAL PROPERTIES

OWN YOUR OWN BUSINESS!!
Country Keg Bar & Grill
1790 N. Walker St. Graytown
NEW PRICE - \$325,000
 Completely updated & brand new 2021 kitchen renovation!

BUILD YOUR OWN BUSINESS!
2 LOTS AVAILABLE SR 20!
SR. 20 @ Dutch Rd. Woodville
 1.42 Acre Commercial lot

0 SR 20 Woodville
 3.06 Acre Commercial lot

PENDING SALES!
 418 Lincoln St. Elmore
 129 Oswald St. Toledo
 101 W. 3rd St. Genoa
 26553 Woodmont Dr. Perrysburg
 524 Woodpointe Dr. Woodville
 265 Chantilly Rue Northwood
 723 Fairway Dr. Elmore

SOLD SOLD SOLD!
 3677 CR 106 Lindsey
 507 Lime Rd. Woodville
 156 Bacon St. Rossford
 1145 N. Billman Rd. Genoa
 22431 W. Mill St. Curtice
 208 Coopers Trail Oak Harbor
 3900 CR 16 Woodville
 2033 Blanche Dr. Oregon
 200 S. Patterson Gibsonburg
 3712 Maxwell Rd. Toledo
 1231 Eastland Dr. Oregon
 101 E. 1st Street, Woodville
 1115 Idaho St. Toledo
 6255 Brown Rd. Oregon
 17639 W. Ravine Dr. Elmore
 503 W. Front St. Pemberville
 419 Fort Findlay Rd. Woodville

It's Your Move... Let Me Help You Make It!

The Lana Rife Group With

SERENITY REALTY

10 Homes For Sale

Key REALTY

Kelli Weaver
 419-260-2100
 MULTI MILLION DOLLAR PRODUCER

Kamarinn Wellman
 567-201-9746

Full Time Local Realtors Representing Sellers & Buyers in Ottawa, Sandusky, Lucas & Wood Counties

- Top Notch Customer Service
- Certified Expert Negotiations
- Professional Staging Services

COMING SOON!!!
10 Paula Court, Fremont
 Lovely Brick Ranch w/ 3 Bed & 2 Bath

FOR SALE!!!
 516 Superior, Genoa
 3 Bed, 2.5 Bath 2 Story Garage
 354 Ottawa, Elmore
 Great fixer upper!

15760 W Yeasting, Elmore
 2.27 acre buildable lot
PENDING!!!

910 CR 32, Woodville
 415 Lytle Street, Elmore
 1125 Hamlin, Fremont
 633 E Stevenson, Gibsonburg
 215 Oaklawn Ave, Fremont
 433 S Patterson, Gibsonburg

SOLD!!!
 609 S Patterson, Gibsonburg
 1535 Delmond, Toledo
 303 Main, Genoa
 515 Plymouth, Toledo
 143 Chorus Lane, Toledo
 503 Rice, Elmore
 245 Fremont, Elmore
 18980 W SR 105, Woodville

Visit our offices located at
341 Rice Street Elmore, Ohio
633 Main Street Genoa, Ohio

45 For Rent

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To complain of discrimination call HUD toll-free telephone number 1-800-669-9777, for the hearing impaired is 1-800-927-9275.

Equal Housing Opportunity

EAST TOLEDO
2 Bedroom Upper \$450/mo.
1 Bedroom Lower \$350/mo.
 +Deposit, Utilities, No Pets. 419-691-3074

East Toledo, 1-bedroom apt., gas/water included, appliances included. \$550-month/\$550-deposit. 1 year lease. 419-932-0503

Oregon, 3 bedroom, Lakeview house, \$1,000-month/\$1,000-deposit, no pets. 419-932-0503

NORTHWOOD, Condo, 2-bdm, appliances, garage, pool. 419-861-0161

Places for rent, For more information call or text 419-779-7406

45 For Rent

COPPER COVE
1105 S. Wheeling, Oregon
 •Pool •Security Cameras •Laundry
 •Spacious Remodeled Units
 •On Site Manager & Maintenance
 •1 Bed ~ \$550 • 2 Bed ~ \$650
419-693-6682

Your New Home for 2021

1 bedroom apt. \$550
2 bedroom apt. \$650
2 bed. Townhouse \$700-\$720

- Pool
- Oregon Schools
- Intercom entry
- Cat Friendly
- Washer/Dryer Hookups

Ask about our specials!

"Make your first Big Move!"

EASTWYCK APTS.
3148 Corduroy Rd. Oregon, OH
419-691-2944

Danberry Realtors

Buying or Selling Your Home?

Robin Steinmetz
 Realtor
 419-351-9826
 rsteinmetz@danberry.com

Call or text me to find out what your house is worth in todays market!

Selling your home? We'll get a buyer!

The Press delivers more prime buyers to you than any other media. Between our two papers, we deliver to over 29,000 homes in 23 communities in Lucas, Ottawa, Sandusky and Wood Counties.

Reach communities including:
 Curtice, East Toledo, Elmore, Genoa, Gibsonburg, Lake Township, Luckey, Millbury, Northwood, Oak Harbor, Oregon, Walbridge & Woodville

Call today!
419-836-2221

Check out the Classifieds at presspublications.com

The PRESS
 Since 1972
 Metro • Suburban • Explore
 Publications serving Lucas, Ottawa, Sandusky and Wood Counties
 Box 169, 1550 Woodville Rd. Millbury, OH 43447

nwohomes.com KP Premier Realty

2741 Navarre Ave #401
 Oregon Ohio 43616
 419-343-7798

Andrew McCrory
 Realtor®
 andrew@nwohomes.com

Tim McCrory
 Realtor®
 tim@nwohomes.com

Let us help you sell your home for the most money in the shortest amount of time!
 VISIT www.nwohomes.com to find your new home.
 Like us on facebook @nwohomes.com

20 Lots & Acreage For Sale

East Toledo, Fenced in 3 acre industrial property with 40 X 60 building. For sale or lease. \$165,000 419-392-0569

25 Mobile Homes For Sale

NEW! 28X48 Skyline
3 bdrm, 2 bath
Eat-in-front kitchen
A/C, Gutters & Shed
 Bank Financing Available
Walnut Hills - 419-666-3993

MINIMUM BID AUCTION \$50,000!
Thursday, August 26th, 2021 5:30 PM
22533 Front St. Curtice, Ohio 43412

Preview and registration opens at 4:00PM.

Check out this super cute home in Genoa schools! 2-bedroom home that could easily be a 3-bedroom. Huge, heated garage with beauty shop attached! This area would be perfect for a mancave or she-shed! You don't want to miss this low minimum bid auction, come bid your price!

Jack Amlin
 Auctioneer/Danberry Realtors
 419-867-7653
www.amlinauctions.com

Reach over 40,000 Readers in our 4 county area when you advertise in The PRESS Classifieds!

Classifieds

Delivered to 41,000 readers in Lucas, Ottawa, Sandusky & Wood Counties

The Press Newspapers reserves the right to reject any advertising material we deem unacceptable. Please check your ad upon first insertion for accuracy. The newspaper will assume responsibility for the first publication only. Compensation will be in the form of ad space or credit, not to exceed original cost of the ad. NO REFUNDS.

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 419-836-2221 or
 1-800-300-6158

75 Autos Wanted

Mike's Hauling
 We buy junk cars, trucks and vans, also 50's, 60's and 70's vehicles. Scrap metal hauled free.
 419-666-1443

80 Help Wanted

Cleaners Needed at Turnpike Plaza in Genoa, Part-time & full time shifts, including weekends. Also mid-shift 11am thru 7:30 pm available. Starting wage \$9.00/hr. More for shift differential. Must have clean background and reliable transportation. Call 419-261-6094 Mon-Fri between 9am-4pm.

Home Improvement Company hiring for installing windows, siding and roofing. Experience helpful but not necessary. Will train. 419-836-1976

Laborers wanted for demolition work, will pay cash, part-time or full-time. Call Ron 419-360-3971

LOCAL EXCAVATING COMPANY HIRING DUMP TRUCK DRIVER, w/Class B CDL, also a LABORER w/mechanical experience helpful, must be dependable.
 Call 419-392-1488

MARTINS HAULING LLC is hiring a driver, 1-2 years experience required, CDL preferred, MON- FRI, home every night, pay negotiable. Call 419-708-4464

Need EXTRA! EXTRA! cash?

Pick up a Press Route!

The Press is looking to hire carriers. Routes are a flexible way to earn extra income on your own schedule.

Walking Route Currently Available in LUCKEY, OREGON & WOODVILLE

Driving Route Currently Available in STONY RIDGE

If interested, please contact Jordan 419-836-2221, Ext. 32.

SALES OPPORTUNITY
 NABF College World Series media publications/sponsorship. Commission only. Call 419-936-3887, leave name and phone number.

SIGN ON BONUS UP TO \$3,000 DRIVERS...

Want to Work For a Locally Operated Trucking Company?

If you are looking for Home Every Night/Family Time, B.C.A. Express Co. located in Genoa, Ohio is looking for you!

- CLASS A & B CDL DRIVERS
- DRIVE CLEAN MAINTAINED EQUIPMENT
- LOCAL RUNS
- EMPLOYEE BENEFITS
- HOLIDAY PAY
- PAID VACATION

CALL 419-855-0446 OR Email: bbclair@bcaexpressltd.com

We provide our local community a "trusted" way to buy and sell to each other through our classified ads section.

80 Help Wanted

Turnpike Service Plazas are hiring for:

Hardees **Gloria Jean's COFFEES** **TRAVELER'S EXPRESS**

Hiring for All Shifts and Shift Managers

Part time Positions Available

- Hiring up to \$11.00 per hour
- Meal Discounts • Flexible Hours

Applicants will be considered for all concepts
 Apply @ Hardees.com/careers

Blue Heron Plaza 419-855-3478
Wyandot Plaza 419-855-7239

90 Wanted To Buy

\$\$\$ TOP CASH PAID \$\$\$
 For all household furnishings Also buying junk and repairable cars & trucks.
 Call Ray 419-349-1970

135 General Services

Do you have your advertising ready for the **FALL?**

Your Ad Could be **HERE!**

General Service and professional ads start @ just **\$54 for 4 weeks!***

*Run your ad at \$18/week for 3 weeks in a row and earn 1 free week. \$18 price is based on 15 words. Weekly ad cost +20 cents for each word over.

Call The Press Classifieds 419-836-2221

Plumbing, Leaks, Clogs, Sump Pumps, Entire Bath, Appliance Repairs, Concrete Flatwork, Roofing, Windows & Doors SENIOR/MILITARY DISCOUNT 30 Years Experience! Insured Safety Measures Being Taken
 419-307-0548

155 Cemetery Lots

Restlawn Memorial Park, (2) Lots, one must be a Veteran, w/ 2 vaults. Make offer. 419-666-1792

158 Cleaning Services

Are you tired of throwing money away? Do you want cleaning and painting done right? I scrape and paint inside and outside of private homes, rentals & businesses. I get it done. I get it done the right way at a very affordable price. Excellent references. I try to beat competitors prices! Call/Text: 419-279-3396, 419-699-0422 (No Text)

170 Landscaping Services

THE BIG GUY LANDSCAPING

One guy who does it all!
 Give him a call!

Free Estimates

Call 567-207-4955

180 Masonry

BAY AREA CONCRETE
 New or Replace Concrete
 •Driveways •Sidewalks
 •Pole Barns •Porches
 •Stamped & Color Concrete
 •Brick & Block work etc.
 Veterans & Senior Citizens Discounts
 -Free Estimates-
 Licensed & Insured
 Mike Halka 419-350-8662
 Oregon, OH

205 Craft Sales

CRAFTERS & VENDORS WANTED
 Athens Missionary Baptist Church
 101 W. Breckman St.
 Walbridge, OH
 Sept. 24 & 25
 10-4pm
 \$20 table, includes both days
 Contact Carol 419-666-1732 or 419-376-8716 leave message

215 Estate Sales

WALBRIDGE
 300 E. Perry St.
 Aug. 27 & 28
 (9am - 5pm)
 Fishing poles, tools, golf clubs, steins, watches, cabinets and too much more to list!

Kelli & Company Estate Sale

RESCHEDULED
 215 Oaklawn Ave.
 Fremont, Ohio
 Friday, Aug. 27th (9-4),
 Sat., Aug. 28th (9-2)

SELLING ENTIRE HOME & GARAGE CONTENTS!!

Contents Include: 2006 Harley-Davidson Street Glide FLHX (35,000 miles), 1983 Cadillac Fleetwood Brogham (27,000 miles), Gorgeous Solid Wood Table & 6 Chairs, Howard Miller Grandfather Clock, Solid Wood Chair-Signed by Famous Singer George Jones, Solid Wood Hutch, Beds, Dresser, Sleeper Sofa, (2) Overstuffed Leather Recliners, Coffee Table, End Tables, Lamps, Accent Tables, Kitchenware, China Set, Pots & Pans, Caramel Slag Set, Linens, Home Decor & Accessories, Ceramic Christmas Tree, Vintage Stereo Console, Roll Top Desk, Bookcase, Accent Chairs, Wall Mirrors, Wall Hangings, Sewing Machine w/ Table, TV's, Chicken/Rooster Decor, Doll Collection, Holiday Decor, Exercise Equipment, Char Broil Gas Grill, Bicycle, Punching Bag, Generac Power Washer and MUCH MUCH MORE!!

For details & photo's visit: <https://www.estatesales.net/OH/Fremont/43420/2996820>

Home listed by:

Key REALTY

Kelli Weaver & Kamarinn Wellman
 419-260-2100

220 Auction Sales

AUCTION BY KEN BELKOFER

NORTHWOOD STORAGE
 4610 WOODVILLE RD.
 NORTHWOOD, OH 43619

Sunday, Aug. 29, 2021 at 12:00PM

Unit 31- Furniture, toys, household items
 Sarah Kulwicki
 3621 Lakepoint Dr.
 Northwood, OH 43619

Unit 59 - Household items, misc. boxes
 Dana Friess
 29414 Harriett
 Millbury, OH 43447

Unit 81 - Household items
 Kevin Mathews
 2063 Keen Ave.
 Toledo, OH 43611

Unit 101 - Tools, misc. boxes
 James Cygnor
 27695 Tracy Rd. Lot 514
 Walbridge, OH 43465

Unit 111 - Household items
 Amanda Karcsak
 843 Rogers St.
 Toledo, OH 43605

Unit 221 - Furniture, appliances, household items
 Angela Bradford
 6105 E. Sahara Ave.
 Las Vegas, NV 89142

225 Flea Markets

"GRAND OPENING"
Vintage Toys Galore
 9am - 5pm
 Great Eastern Plaza
 2662 Woodville Rd.
 Northwood

Life is a Holiday
 Specializing in all your holiday needs
 Great Eastern Plaza
 2592 Woodville Rd. Northwood
 Tues-Sat. (9am-5pm)
 Sundays (10am-4pm)
 CLOSED MONDAYS!
 For more information call Beth 567-249-4136

"MEG'S SWEET PICKINS"

Tues. - Sat. (9-5)
 Sunday's (10-4)
Great Eastern Shopping Center
 2676 Woodville Rd. Northwood
Furniture, Crafts, Glassware, Kitchenware, Old Toys and Much More!
 For more information call Jean 419-277-9083

NORTHWOOD FLEA MARKET

Great Eastern Plaza
 2588 Woodville Rd.
TUES-SAT: (9am-5pm)
SUN: (10am-4pm)
 Tools, Bikes, Outdoor, Camping, Fishing, Sports, Appliances, Records, Man Cave and more.
 For more information call Jean 419-277-9083.



225 Flea Markets

"TIMELESS COLLECTIBLES"
Great Eastern Plaza
 2660 Woodville Rd.
Saturdays (9am-5pm)
Sundays (10am-4pm)
 Coins, trains, antique dolls and toys, bears, clocks, glassware, baskets, nautical, holiday décor, military items, primitives, furniture, clothes, video, quilts, games, crafts, books, jewelry, purses, shoes, Tupperware, wall hangings, phonographs, knives, murano and healing jewelry, records, VHS/DVD's & Players, lamps, knick knacks, kitchenware, puzzles, TV's, bedding, linens, and more. For more information call Jean 419-277-9083.

225 Flea Markets

TREASURES DELIGHT FLEA MARKET
 Great Eastern Plaza
 2616 Woodville Rd. Northwood
 Tues-Sat. (9am-5pm)
 Sundays (10am-4pm)
 CLOSED MONDAYS!
 Antiques, AnnaLee dolls, books, Cherished Teddies, pottery, picture frames, furniture & More!
New things daily!
 For more information call Jean 419-277-9083.

READ AND USE THE CLASSIFIEDS

The Harris-Elmore Library & Genoa Branch Library are looking for an Outreach Storytime Specialist

to create & execute story times and early literacy programs for both libraries and area schools. Approx. 30 hours per month \$15.55/hr. Open until position filled. Job description/application at <https://www.harriselmorelibrary.org/> employment—send resumes to director@harriselmorelibrary.org

LHM DRIVERS FOR CAMPUS AND OUTREACH

Luther Home of Mercy, a residential facility for adults with developmental disabilities, located in Williston, is searching for part time drivers to transport our residents to their appointments and community events. This position may include split shifts (morning & late afternoon). salary \$12.00/hr. with a \$0.40 increase after 90 days.

Minimum Qualifications include:

- ▶ 18 years or older, H.S. Diploma or GED
- ▶ Valid driver's licenses with less than four (4) point on record
- ▶ MUST be able to pass a background check and drug test
- ▶ MUST be able to pass a D.O.T physical.
- ▶ LHM will require CPR certified within 30 days of hire
- ▶ DD experience preferred but not required.

Apply at 5810 N. Main St. Williston OH 43468, fax: Open interviews Monday-Thursday 10a-2p; or visit our website www.lutherhome.org.

join our team

NOW HIRING!

SHIFT MANAGERS • TEAM LEADERS
PIZZA MAKERS • DELIVERY DRIVERS

- ✓ Full or Part Time Positions
- ✓ Advancement Opportunities

*Delivery Drivers average over \$18 per hour when delivering! (hourly wage and tips) + mileage. Flexible schedules • Day and evening shifts • An Equal Opportunity Employer.

Apply at the following Marco's Pizza® locations:

149 Main St., E. Toledo..... **419-698-1511**
 2607 Starr Ave., Oregon **419-693-9383**
 2036 Woodville Rd. near Pickle **419-697-1131**
 4624 Woodville Rd., Northwood..... **419-693-0700**

NEED AN EXPERT?

Are you an Expert and want your business listed? Call 419-836-2221 for more information.
Deadline: 11am Thursday.

Call a local Expert listed below.

<p>Construction</p> <p>Affordable Roofing & Home Improvements Lowest Prices on Commercial/Residential Roofing • Siding Windows • More Free Est. 419-467-7659</p>	<p>Cleaning</p> <p>CORNERSTONE Cleaning & Restoration LLC Over 33 Years Experience Home/Office Spring Cleaning Construction CleanUp Smoke Restoration 419-836-8942</p>	<p>Handy Man</p> <p>HANDY MAN CAN RYAN OREGON, OHIO 419-461-3271</p>	<p>Lawn Care</p> <p>Bayshore Lawn Care Call for Bush Trimming & Mulching Specials • Senior & Military Discounts Free Estimates Call 419-654-3752</p>	<p>Remodeling</p> <p>Royal Remodeling Plus Kitchen & Baths Windows, Doors & More 419-376-2722</p>	<p>Roofing</p> <p>FREEDOM ROOFING, WINDOWS AND SIDING LLC Your local, veteran-owned small business ★ Free Estimates ★ Financing Available 419-FREEDOM (419-373-3366) www.FreedomRWS.com</p>
<p>S&J Construction General Contractor "Your Complete Home or Business Repair and Revitalization Experts" Residential • Commercial Shawn 419-276-8989</p>	<p>Dumpster Rental</p> <p>BUDGET DUMPSTERS COMMERCIAL • RESIDENTIAL Serving Northwest Ohio 419.690.9896 Find us on Facebook @budgetdumpsterstoledo www.budgetdumpsterstoledo.com</p>	<p>Call to be an Expert! 419-836-2221</p>	<p>Erie Shores 419-698-5296 Lawn & Landscape Residential & Commercial •Lawn Mowing Service •Landscape (Design, Installation, Maintenance) •Bobcat Services •Lawn Installation •Hydro Seeding •Field Mowing Service/Brush Hog Service</p>	<p>Call to be an Expert! 419-836-2221</p>	<p>PRECISION ROOFING Wind damage? Shingles or siding missing? Downed branches? We handle all types of home repairs. Call us! 567-225-1570 FixMyExteriorProject.com Licensed & Insured</p>
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9am - 5pm
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905 Bradner Rd.
August 26th & 27th (9am-5pm)
August 28th (9am-Noon)
Rain or Shine!
Too many items to list!
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Something for Everyone!

NORTHWOOD
5587 Curtice Rd.
Aug. 27 & 28
9am - 4pm
3 Family Sale
Kids shoes and much more!

OREGON
726 N. Decant
Aug. 26 (8am - 8pm)
Aug. 27 (8am - 5pm)
Antiques, antique cradle, collectibles, tools, quality women's clothes, furniture, pot & pans and lots of misc!

OREGON
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444 Foxridge Lane
Aug. 27, 28 & 29
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To read in full please contact the Fiscal Officer



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The Harris Township Board of Appeals will hold a public hearing on Thursday, September 9th at 7PM at the Harris Elmore Fire Station, 321 Rice Street, Elmore, OH 43416 to review a request by Keith & Lisa St. John, 16092 West Portage River South Road, Elmore OH.

The St. Johns are requesting a variance from requirements of the Township Zoning Resolution that requires a maximum square footage for an accessory building to be 50% of the main residence and a maximum height of 20' parcel #0170506906515011

Persons who desire to state objections or support for this proposed variance are encouraged to appear in person, or by attorney at this meeting. Correspondence can be mailed to;

Harris Township Zoning Inspector
Bob Babjack
18130 West Portage River South Rd.
Elmore, Oh 43416

Contents Auction

Sept. 1st, Contents @ 4:00pm
9730 Corduroy Rd.
Curtice, Ohio 43412

HOUSEHOLD: Samsung 70" Curved T.V., sound bar, 40" T.V, sofa, love-seat, cabinets, recliner, lift chair, table & chairs, sewing table & sewing machine, Jewelry armoire, lamps, Victorio Strainer, pressure cooker, Corningware & Correlle dishes,
COLLECTIBLES: 5 gal. bottles, 1 gal. Huffman oil can, wash tub, #10 crock, Musical stein, Fenton, beer taps, Hall teapot, John Deere Thermometer. Gulf Tour guide Service.
GARAGE: John Deere 318 w/hydro, no deck. Generac GP 6500 generator, 5x8 utility trailer, 5 sections of scaffolding, Electric power washer, Lincoln welder, Troy built leaf blower, Craftsman - 8' bench grinder & 17" 16 speed drill press, 10" tables aw, 60000 Reddy Heater, pull behind sprayer, lawn trailer, lawn mower lift, seeder, roller, yard tools, chainsaws- Remington Mighty Mite, Redline & Jonsered. Kennedy bottom & middle toolbox, Craftsman tool boxes, Ridged pipe threader, electric & plumbing items, C clamps, hand planer, Ridged pipe wrenches, vises, socket sets, tap & dies, router bits, air hammer, pencil grinder & air grinder, pad & palm sanders, Dewalt jig saw, 3/8" drill, grinding disc, Parallel set, box end wrenches, transfer punches, punch & chisel set, drill bit set, C mics, inside & depth mics, Starrett- Radio gage set, telescoping gages, sm. hole gages, edge finder, magnetic base, Shop Vac, cutting torches, router w/table, Craftsman Laser trac, circular saw, 18V cordless drill, Snap On ratchets, Craftsman ratchets & extensions, battery chargers, Portable Power, chain fall, Torque wrenches - Snap On & Craftsman, 123 blocks, 1/2", 3/8", & 1/4" sockets, Tap & Drill Index. Wooden swing, bike, bird bath, horseshoes, croquet set, canopy,
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Real Estate agents must register their buyers 48 hrs. in advance.
Sold as is.

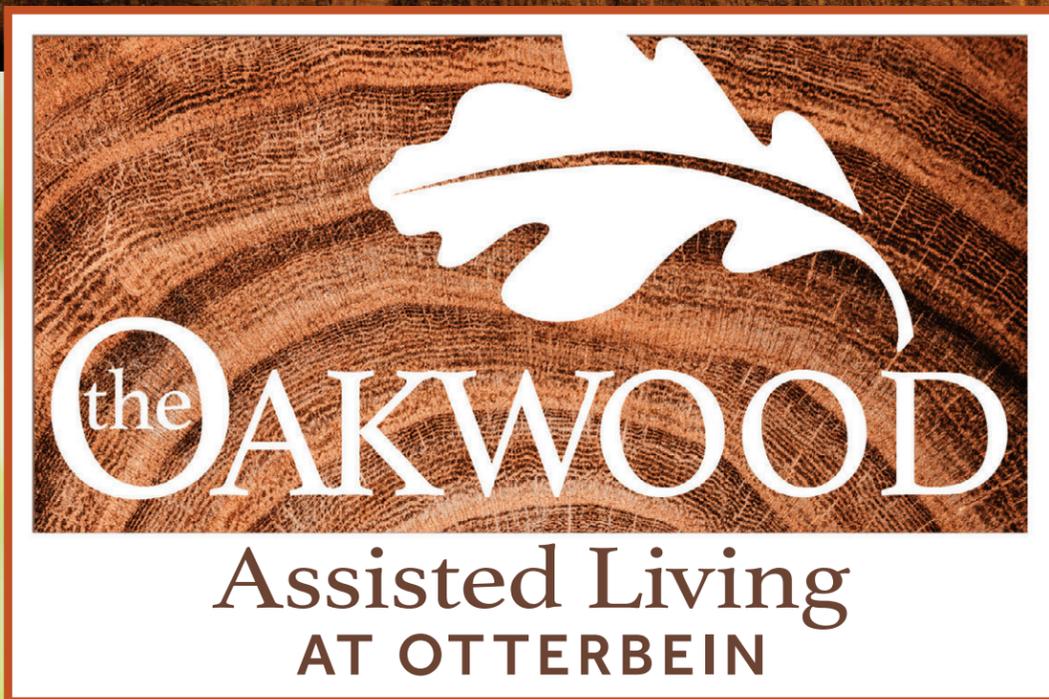
Jewelry: Gold ring, Sterling ring, Hamilton Masterpiece watch, Elgin watch & others, Elks, Ford & UAW pins,
Household: Howard Miller wall & Regulator clock, Book Table, lamp table, Chest of drawers, lift chair, curio cabinet, brass bed, 50's style kitchen table, bookcase cabinet, sofa table, misc. chairs, sm. stands, wood desk & office items, trunk, storage cabinet, linens, Boxes of new glasses, lamps, fans, all types of kitchen items, Pyrex, Corning ware, Kitchen Aid mixer w/attachments, sm. appliances, carpet shampooer, weather radio,
Collectibles: Reg. & pipe lighters, Navy hats, pocketknives, ash trays, Pez containers, foreign money, Glass basket, linens, Boxes of new glasses, lamps, fans, all types of kitchen items, Pyrex, Corning ware, Kitchen Aid mixer w/attachments, sm. appliances, carpet shampooer, weather radio,
Misc: Cast iron fireplace, lawn chairs, plant stand, Schwinn bike, golf clubs & Misc golf items, games, wagon, semi, Christmas items- ceramic tree, many new items, lighted spiral trees,
Garage: Craftsman push mower, sm. roto tiller, compound miter saw, radial arm saw, router bits, Craftsman elect. Leaf blower, edger's, yard hand tools, Clarke Jet 80, electric hedge trimmers, wet/dry vac, pressure washer, saws, wrenches, finishing & belt sanders,

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